

The end of year is approaching fast. University students are now leaving for semester break, secondary pupils will soon be sitting exams and it won't long before primary schools break for summer. Best wishes to those about to sit exams and good luck with results.

Congratulations to:

Nathan Martin, Cameron Innes, Zac Holt, Tyler Summers, Flynn Steel and Jack McDowell who won the Div I Plate at the **National Under 16 National Water Polo Championships** in Auckland over the holidays.



U14 Boys Waterpolo Nationals – Wellington.

Also congratulations to the Otago U14 Boys were placed 8th, which was the highest an Otago U14 team has placed been placed at national level. Well done. The Otago U14 team members were Leo Holt, Jacob Jopson, Max Wolf, Cameron Jefferies, Riley Alibone and Josh McGregor.

Anna Lindsay for selection onto the New Zealand Youth Talent program. As part of the program Anna will be attending the Tri New Zealand Regional Tri Academy Camp.

MEET RESULTS FROM COACHES

Colin Walker Memorial Meet – from Simon

Thirteen swimmers from D, C and B squads competed in Queenstown on 9 October.

Congratulations to the Coach pick as top swimmer of the Meet Caitlin Hewson. Those competing produced 37 personal best times (55%) from their 68 swimmers. Simon reported some of those P/B were large with swimmers achieving personal goals in the process. .

Carlos Biggemann was awarded Award of Swimmer of the Meet for attitude and sportsmanship. Well done Carlos.

ORCA Meet – Labour Weekend – from Gennadiy

Thirty swimmers competed at the Annual Orca Meet at Labour Weekend. 43 first places, 30 second places and 17 third places were won. 62% P/B's were recorded from 282 races. swimmers. Best performers for P/B's & race skills: **Erika Fairweather (A squad) and Harry Summers (C squad).**

Progression through Squads

Congratulations to the following swimmers on their recent performances to reach the next level. Sophie Wilson and Nathan Wolf to A3 Squad, Jemma Wilson to B Squad, and Aidan Blair and Kate Twist to C Squad.

Upcoming Meets

Otago Spring Carnival, Sat 5 November, Cromwell – A,B, C & D Squads – Simon
Murihiki Meet, – Sat 12 November, Invercargill – A & B Squads - Gennadiy
Kiwi Challenge – 20 November, Moana Pool – All Squads, (All Coaches)
Otago 12 & U Championships 10-11December, Moana Pool (Simon)
Queensland State Champs 10 – 16 December, Brisbane, (Gennadiy)
Southland Champs 15-18 December, Invercargill – All Qualifiers – Simon

Please refer to DSCB, Swim Otago, or your club's websites for further details on events, closing dates and how to enter. Please speak to your coach about which meets you should enter if you are not sure

Otago Spring Carnival – Bestwishes to the twenty five swimmers heading to Cromwell to compete at the Otago Spring Meet. Simon will be attending as Coach.

Cecilia Crooks, Caitlin Deans, Jack Harrison, Kou Kitahara, Molly Law, Nick Pryde, Nathan Wolf
Meg Christophers, Megan Hanning, Isabella Holland, Natialie Hutchens, Esme Paterson
Quilla Cashell-Smith, Emma Christophers, Ella-Rose Crooks, Anna Divers, Eli Familton, Kaylee Gibbs, Ava Holland, Max Kirkwood, Phoebe Kirkwood, Ashlea Law, Caitlin Reilly, Caitlin Hewson, Tyler Summers, Max Wolf

Christmas/New Year Training

D squad Last day Sat 17th December 2016 resumes Tues 9 January 2017
C squad Last Day Sat 17th December 2016 resume Tues 9 January 2017
B squad Last day Fri 23 resume 4th January.
A squad No Training Fri 23th, Sat 24th, Mon 26th, Tues 27th & 31st December, 1st, 2nd January
Surf/Tri No Training Fri 23rd, Mon 26th, Tue 27th, Mon 2nd, Tues 3rd January
KAOS Squad – Last session Tuesday 20 December - commence Back Tuesday 10 January.

2017 Summer Swim Camps

Senior Summer Camp – Dunedin 4 – 14 January 2016

B Squad Summer Camp – Dunedin 11 – 15 January 2016

*Notices will go out to A and B Squad swimmers about their respective Camp Programs once details have been received from the coaching Team. Both Camps will be conducted at Moana Pool. **If you have any queries relating to either camps please contact Gennadiy or Simon.***

Coaching Team

Simon will be on annual leave Monday 28 November – December 6.

A Nutrition Seminar was held for C & D Squads on Thursday 27 October which resulted in a very low turnout. For those who could not attend Patrick has provided an information sheet of what was covered at the Seminar. This will be sent to C & D Squad members.

Remember – Gennadiy is free on Thursdays evenings at 6.15pm

Gennadiy is available to discuss queries or concerns you may have about your coaching and goals. It would be great if you could email him or send him a text so he knows you are coming, or just go along

at 6.15pm prompt. If you are wishing to meet with him at another time please email to arrange an appointment. His mobile no is 027-630 9946 email – genaswim@yahoo.com

Breakfast Club – Shirlene Pryde is looking for volunteers to assist next year. This is not a onerous task and is a great way to interact and get to know the fellow training mates of your child. Shirlene is happy to roster specifically your available time whether on a weekly/fortnightly/monthly basis.

A special thank you to Shirlene and her volunteers, Julie Ford, Bevan & Shona Trotter and Michael Trembath for their valuable service to our swimmers over the past year. If you can help next year please contact Shirlene on her homeline 476 7104.

Board Member Vacancies

The Dunedin City Council will be advertising for two new Board members shortly with appointments to be made for 1 February 2017 .

If you feel ready, willing, keen, passionate about aquatic sports and believe you have the right credentials to contribute to the Dunedin Swim Coaching Board we invite you to give this serious consideration.

D Squad Places: There are currently places for up to ten new members.

D Squad is the next step for young athletes involved in learn-to-swim programs and aquatic sports. D Squad provides strong technical base for swimmers of any discipline and is the entry point for competitive swimming. If you have family members or friends who have children who may be interested please contact Margaret.

WANAKA CHALLENGE – 2017.

If you are thinking of competing at the Wanaka Challenge early next year you may be interested in joining a squad to increase fitness and work on technical aspects of your stroke. If this is you, please contact Margaret.

Administration

Students away from Dunedin over summer: Please remember to advise Administrator one month in advance if you are going to be away from training longer than one month. Fees otherwise will continue to be incurred. *(Please refer to Membership Policy on our website)*

Farewell: We farewell several A squad swimmers who have been training with DSCB over the past year. Sammy Winward, Jack Weston, Ben Anngow, and Kou Kitahara who returns to Japan to join his family. We also say goodbye to Noah Schammel and Sarah Sachs who return to the States after studying the past semester at Otago University. We hope you have all enjoyed your time in Dunedin.

Finally..... We wish Board Member Brendan McCane best wishes as he competes at an upcoming Masters Swimming Meet.

Also Good luck to our swimmers competing at the Otago Spring Carnival over the weekend.

Margaret Eton-Marsh
Administrator

***Good luck to all swimmers in their upcoming Competition
Swim Hard... Swim Fast.... Relax..... Enjoy.....***

‘SWIM DUNEDIN’

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Website – www.swimdunedin.co.nz

Facebook Page – Dunedin Swim Coaching Board (DSCB)