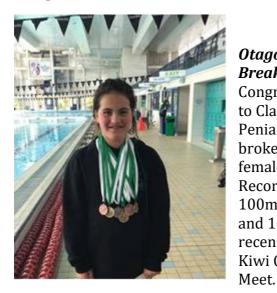


# Newsletter... December 2016



Firstly thank you to all parents who dedicated time and effort to their child's swimming activities over the past year. Parents are the foundation for their child's swimming success providing access to the sport and moral support by providing a supportive, loving and stable environment in which their swimmer can develop.

## Congratulations.....



## Otago Record Breaker: Congratulations to Clara Peniamina who broke the Otago female U9 Records in the 100m Breast and 100IM recently at the Kiwi Challenge



Gabby Trotter who came home first in the 5km Open water White Island Race held at Labour weekend. The event, which has been run since 1969, attracted 63 competitors across five categories.





Congratulations also to Phoebe Aburn who won the women's section of the Board Race with Olivia Gold coming home second.

## Results from coaches

### Otago Spring Carnival - from Simon,

Twenty four swimmers from A,B,C,D & Surf squads had a great day's outing in Cromwell in November. It was great to see swimmers in the water who hadn't competed for a while producing some very good performances. Congratulations to Ava and Isabella Holland, Molly Law, Caitlin Deans and Jack Harrison who won their age groups Adam and Eve Relays (along with a cash prize) Well done. Those competing produced 81 personal best times (55%) from 148 swims. Congratulations to Nathan Wolf and Ava Holland as coach picks for top swimmers of the Meet.

### Murihiku 2016 - from Gennady

Twenty eight swimmers competed in 108 races producing 62 (56%) personal best times. Top swimmers were Thomas Gold and Jessie Yee producing 100% PBs. Congratulations to Tame and Caitlin. Tame coming home with \$400 prize money for the highest FINA points and Age Groups Champion handicap. Caitlin won \$130 prize money Highest FINA points, Age Groups Champion equal with Olivia Gold.

### Kiwi Challenge 2016 - from Gennadiy and Simon

Eighty-one swimmers competed at the recent Kiwi Challenge with eleven scratching due to ill health/injury.

### A & B Squads.

Top swimmers: Jemma Wilson and Jack Divers

A & B swimmers competed in 237 races producing 165 (69%) P/Bs.

### C & D Squads.

C squad top swimmers Clara Peniamina and Max Kirkwood

D squad top swimmer: Eva Zogbhi

C & D swimmers competed in 236 races producing 174 (75%) PBs.

Clara Peniamina broke two Otago 9 & U records, 100 Breast and 100IM.

Great competition and great swimming from Dunedin swimmers.

## Progression through the Squads

Congratulations to the following swimmers on their recent performances to reach the next level.

A1 - Squad Cecilia Crooks

A2- Squad Jessica Scott, Molly Law

A3 - Tyler Summers, Zoe McCane, Olivia Andrew, Jordan Summers, Madison Wills.

B Squad - Emma Christophers, Nancy Niu, Madison McKillop, Eli Familton, Emma Herbert, Emma Andrew

Meg McLaughlan - to C Squad

#### **Upcoming Meets**

Otago 12 & U Championships 10-11December, Moana Pool (Simon)

**Queensland State Champs 10 - 16 December**, Brisbane, (Gennadiy)

**Southland Champs** 15-18 December, Invercargill – All Qualifiers – Simon

Otago 13 & Over Championships 18-22 January, Moana Poo L/C

Otago Country Clubs - 4 February 2017

Alexandra - Waitangi Meet - 5 February 2017

Southland Age Group/Open Meet - 11 February 2017

Zonal Champ Auckland - 11 February 2017

Junior Nationals Zonal Format SC Timaru - 17-19 February

Southern Regions U14 Surf Lifesaving Champs, 18-19 Feb, Dunedin

South Island Country and Town Dunedin 25-25 February

Southern Regions Senior Surf Lifesaving Champs 25-26 Feb, Christchurch

## **Christmas/New Year Training**

**D squad** Last day Sat 17th December 2016 resumes Tues 9 January 2017

C squad Last Day Sat 17th December 2016 resume Tues 9 January 2017

B squad Last day Fri 23 resume 4th January.

A squad No Training Fri 23th, Sat 24th, Mon 26th, Tues27th & 31st December, 1st, 2nd January

**Surf/Tri** No Training Fri 23rd, Mon 26th, Tue 27th, Mon 2nd, Tues 3rd January

KAOS Squad - Last session Tuesday 20 December - commence Back Tuesday 10 January.

## **2017 Summer Swim Camps**

Senior Summer Program - Dunedin 4 - 14 January 2016 B Squad Summer Program - Dunedin 11 - 15 January 2016

Notices to A and B Squad swimmers about their respective Camp Programs will follow. If you have any queries relating to either programs please contact Gennadiy or Simon.

## **Triathlons, Open Water Events**

We wish all those athletes competing in various events over the next few weeks all the best and we look forward to seeing good results.

## **Coaching Team**

Gennadiy will be in Brisbane attending the Queensland State Champs and Simon will be attending the Southland Champs. Cameron, Sue Maclaurin and Alice Mooney will be covering squads in their absence. Separate notices have gone advising which squads coaches have been assigned to.

### From the Board

It was pleasing to note the level of interest from a number of candidates wishing to offer their services on the Board. Interviews have taken place and an announcement will be made in the New Year following Dunedin City Council approval.

#### Administration

There have been some queries about reduced rates over the holiday period. Fees for December and January are invoiced as normal as they are set annual coaching fees (invoiced in twelve equal instalments) based on the number of sessions offered over the year. (*Please refer to Membership Policy on our website*).

#### **Farewell**

It is with sadness we farewell Kate Godfrey who has made the decision to retire from swimming to concentrate on her studies. Kate will be heading to Auckland University to undertake doctorate studies next year. Kate has represented Otago from a young age, holding a number of Otago age group and Open records, she has won many podium finishes at Nationals and has represent New Zealand Universities at two World University Games. We wish Kate well for her future career.



## Otago 12 & Under Championships

Best wishes to all our 29 junior swimmers competing at the Otago Junior Championships this weekend. Simon and Cameron will be in attendance.

Erika Fairweather, Madison Wills, Emma Christophers, Jade Fairweather, Emma Herbert, Isabella Holland, Shima Jack, Ashlea Law, Mereana Martin, Jemma Wilson, Quilla Cashell-Smith, Ella-Rose Crooks, Ryan Dey, Anna Divers, Abi Gibson, Ava Holland, Anika Itadani, Max Kirkwood, Phoebe Kirkwood, Amelia Lane, Ella McBride, Clara Peniamina, Harry Summers, Piere Tapsell, Aidan Drew, Caitlin Hewson, Maia Jack, Ella Wills, Jessie Yee

### **Queensland State Championships**

Our best wishes to Cecilia Crooks, Caitlin Deans, Jack Divers, Nicole Heaton, Geoffrey Kemp, Nick Pryde, Jessica Scott and Oliver Walker who are heading to Brisbane to compete in the Queensland State Champs. Shirlene Pryde is accompanying the group as Team Manager and will be providing progress reports on the DSCB facebook page.

## **Southland Champs**

Goodluck to the following sixteen swimmers who will be competing at the Southland Champs next weekend. David Cannon, Quilla Cashell- Smith, Emma Christophers, Meg Christophers, William Christophers, Ella-Rose Crooks, Ryan Dey, Harry Flintoff, Kaylee Gibbs, Natalie Hutchens, Jordan Kelliher, Esme Paterson, Caitlin Reilly, Gabrielle Trotter, Max Wolf, Nathan Wolf. Simon coach in attendance.

Finally.....

On behalf of the Dunedin Swim Coaching Board I wish you a very Merry Christmas, and happy and safe holiday and we look forward to seeing you all back in 2017.



Margaret Eton-Marsh Administrator

> Good luck to all swimmers in their upcoming Competition Swim Hard... Swim Fast.... Relax.... Enjoy.....

> > 'SWIM DUNEDIN"

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Facebook Page - Dunedin Swim Coaching Board (DSCB)