

March was a busy month for swimmers, administrators and officials alike in Otago, hosting the Otago Anniverary Meet, Div II and Primary/Secondary School Sports in quick succession. Many are weary and certainly looking forward to the Easter break.



Congratulations to.....

Stefannie Gillespie who has been awarded the opportunity to compete as part of the New Zealand Universities Team at the inaugural **2015 Gallipoli Games**, held in honour of the Gallipoli landings 100 years ago this month.

600 students from New Zealand, Australia, United Kingdom, France, Germany, India and Turkey have been invited by the Turkish Federation of Sport to compete in nine sports - Open Water being one of those sports.

We wish Stefannie well in this memorable experience and dipping her toes into the chilly waters of the Dardanelles to compete in the 5.6km open water swim.

National Div II Meet: Congratulations to Teigan Tarapi and Ben Carr who were the top performers winning four Gold, two Silver and two Bronze and four Gold & two Silver respectively at the National Div II Age Group Meet held here in Dunedin.

Nine swimmers competed at this Meet winning thirteen Gold, nine Silver and eight Bronze with 75% personal best times. Neptune Club ranked second in overall Club points.

Other medalists making podium finishes were Dani Walsh with two Gold & two Silver, Tyler Summers two Gold, 1 Silver and two Bronze, Kou Kitahara one Gold, one Silver and three Bronze, Alice Moran 1 Silver and Vicki Clarke 1 Bronze.

Congratulations to all these swimmers and to those who swam National Age Group qualifying times.

Anniversary Meet: Adam's Report

A busy swimming schedule was the order of the weekend for swimmers who competed at the Anniversary Meet in Dunedin on the 14th and 15th of March.

For some swimmers, this was their first real taste of competition, for others it was a chance to apply their skills and knowledge from the training pool and then practice applying those skills during racing. Whilst for some swimmers in A & B squad it was the first of two back to back meets at Moana pool that would give them the chance to attain qualifying times for the New Zealand Age Group Championships, which are being held in Wellington on the 5th – 8th May.

All swimmers performed very well, and it was promising and exciting to see swimmers produce swims that were personal best results or very close to personal best results with often very little time for recovery between races!

In total there were 306 entries, a hall of medals won: Gold 39, Silver 22, Bronze 28, and a 65% personal best (P.B) conversion rate. It was fantastic to see great swimming and camaraderie, with all the Dunedin based clubs supporting one another throughout – **Well Done, Good T.E.A.M (Together Everyone Achieves More) Work!!!!**

A special **congratulations to Mariette Devereux** who achieved a 30.21s in the woman's 50m freestyle, earning her 484 Fina Points and the opportunity to swim on a Saturday morning with the A squad.

Upcoming Meets

New Zealand National Opens 14-17 April 2015 – Gennadiy Coach

Best wishes to the following swimmers on qualifying to compete at the premium New Zealand Swimming Event: Kate Godfrey, Caitlin Dean, Aleisha Ruske, Stefannie Gillespie, Cameron James, Jeremy Tasker, Kieran Applegarth, Han Zhang, Matthew Glassford.

Collegiate Age Group & Open Meet. Saturday 18 April 2015 – Simon Coach

New Zealand Age Group Champs. Tues 5 May, Saturday 9 May 2015 – Gennadiy Coach

Queens Birthday Meet. Friday 29 May – Sunday 31 May 2015 – All Coaches present.
Open to all swimmers. Flyer can be found on either the DSCB Website or Neptune Swim Club Websites.

EASTER BREAK TRAINING SCHEDULES

Good Friday, 2 April 2015

No training for Tri/Surf, C and D Squads
Open and NAGS Swimmers (A&B Squads) 7.00am – 9.00am

Easter Saturday, 4 April 2015

No C & D Squad Training
OPEN & NAGS Swimmers (A&B Squads) 5.00am – 9.00am

Easter Monday, 6 April 2015

No Tri/Surf, C & D Squads
OPEN & NAGS Swimmers (A&B Squads) 7.00am – 9.00am



School Holiday Period – All squads continue through to 20 April as term timetable with no breaks or changes.

ANZAC WEEKEND

Saturday 25 April - no C & D Squads
NAGS Swimmers only (A & B Squads) 7.00am – 9.00am

Monday 27 April – No Tri/Surf, C & D Squads

Planned Scheduled training breaks for A & B Squad Swimmers following National Competitions

Open Swimmers break after National Opens 19 April – 3 May.
National Age Group Swimmers – break after NAGS from 10-24 May.

Coaching Team

Thank you to Kate Godfrey who has been coaching a group at Port Chalmers swimmers on Tuesday and Thursday evenings over the summer months.

Remember – Gennadiy free on Thursdays at 6.15pm

Gennadiy is available at this time for you to come along and speak to him with any questions, queries or concerns you may have about your or your swimmers coaching. It would be great if you could maybe email him or send him a text so he knows you are coming, or just go along at 6.15pm prompt. If you are wishing to meet with him at another time please email to arrange an appointment. His mobile no is 027-630 9946 email – genaswim@yahoo.com.

Breakfast Club

Time: Breakfast club runs from 7 - 8 am Monday to Friday.

Cost: Bond \$12.00 \$3 per day of attendance

For further details please contact Co-ordinator: Shirlene Pryde. Mobile 021 929975 or prydefamily@vodafone.co.nz.

Thank you to those volunteers whose support has enabled this to continue

National Short Course Meet, Auckland 11 August – 17 August 2015

Gennadiy's Flights:

Departs Dunedin Monday 10 August on NZ672 at 9.50am.

Departs Auckland Sunday 18 August on NZ509 at 9.00am.

Accommodation: TBA

Administration:

Recognising Achievements

It has been highlighted there have been omissions in recognition of DSCB members performances in a variety of disciplines. This is certainly not intentional. If you have noteworthy news of DSCB member's achievements and successes, items for inclusion to our Newsletter are certainly very welcome.

Coaching Fees: Two rounds of statements were sent out in March. To all those who pay their fees prior to the 20th thank you. There are however still a number of unpaid invoices for March. Is this you? If you have an automatic payment set up please check and arrange to have these paid before the 20th of the month.

Remember if you are intending to be away we also need to know. Please refer to our membership policy on the Website.

Finally...

Adam made a valuable observation at the Anniversary Weekend Meet of the camaraderie of swimmers displaying great team spirit by supporting one another throughout the Meet.

Swimming is an individual sport and by fostering and developing our swimmers' sense of belonging within a team unit, we create a supportive culture for individual belief and success.

Following the Senior Summer Swim Camp, swimmers highlighted their enjoyment of the 'team atmosphere' at Camp, noting on their evaluation forms requests for more team bonding and teamwork activities to foster team spirit.

Regardless of what clubs our DSCB swimmers pay their affiliations to, they all train together and compete at 'Meets' together. A 'one team' approach must surely be the judicious approach in creating a supportive culture for our swimmers to achieve the best they can be.



Margaret Eton-Marsh
Administrator

*Good luck to all swimmers in their upcoming Competition
Swim Hard... Swim Fast.... Relax..... Enjoy.....*

'SWIM DUNEDIN'

P O Box 2147, South Dunedin, 9044

Website – www.swimdunedin.co.nz

Facebook Page – Dunedin Swim Coaching Board (DSCB)