

March has been busy for swimmers, administrators and officials alike with local and national competitions happening - it's the time of year when all the hard work of training culminates to achieving and seeing results at competition.

Congratulations to:

National Under 14 Surf Championships, 2-6 March 2016

Congratulations to the following nine swimmers who competed at Mt Maunganui earlier this month resulting in a number of podium finishes and final placings.

Erika Fairweather won an individual gold in the run-swim-run and another gold with her sister Jade in the Under 12 Tube rescue. Erika also took out 2 Silvers – Surf Race & Diamond (swim,board), 4th Board Race.

Max Wolf U14 – Silver – Diamond, 5ths Surf race & grand Cameron relay, 8th run-swim-run, 12 Board race

Piere Tapsell - Bronze Beach Flags

Olivia Andrew - U13- 4th Run-swim-run, 5th Surf race, 5th Under 4 Grand Cameron relay, 6th Diamond

Charlotte Underwood-Nicol U13 - 5th 2 kilometre beach relay, 5th Under 14 Grand Cameron relay, 7th Board relay, 12th Board race

Jade Fairweather U11 6th Run-swim-run

Emma Andrew, Mereana Martin, Annie Kennedy-Aitchison and Josh McGregor achieved final placings in their respective events. A great effort by all swimmers.

Taieri Carnival – Saturday 5 March 2016

Forty two swimmers competed at the Taieri Carnival. Congratulations to Madison Wills who broke an Otago Short Course Record in the Girls 200m breaststroke.

The fourteen A & B squad swimmers achieved 65% personal best times.

Top achieving female swimmer - Madison Wills

Top achieving male swimmer - Geoffrey Kemp

The twenty eight C & D squad swimmers achieved 75% personal best times.

Top achieving female swimmer - Megan Hanning

Top achieving male swimmer Jordan Kelliher

DIV II 9 – 12 March 2016

Congratulations to our six swimmers, Elliott Alloo, Harrison Flintoff, Isabella Gold, Natalie Hutchens, Sophie Wilson and Antonia Bachop who competed at the National Div II competition in Invercargill recently.

Twenty-eight finals were swum with 75% personal best times achieved.

Elliott Alloo - Gold 100 Breast, Silver 50 Breast,

Isabella Gold – Gold 100 Fly

Antonia Bachop - Silver 100 Free, Silver 400IM, Silver 50 Free, Bronze 200IM,

Sophie Wilson - Bronze 50 Breast

Sophie Wilson, Natalie Hutchens, Antonia Bachop, Isabella Gold - Silver - Otago 200 Free Relay 13-14 yr Women

Sophie Wilson, Antonia Bachop, Isabella Gold, Gabby White (Queenstown) - Silver - Otago 200IM Relay 13-14 yr Women

Top swimmers of meet: Antonia and Elliot

Well done to all swimmers.

South Island Country & Town Championships held at the end of February.

Further to our last newsletter congratulations to Ella Rose Crook who had outstanding results at the recent South Island Town and Country Meet gaining five firsts and 1 third in the 10 & under age girls. Holly Uluakioa gained 1 first and 2 thirds in the 13-14 age group. Both Ella-Rose and Holly breaking meet records in their age respective age groups.

Other podium finishes not mentioned came from Meg Christophers. Great effort by all swimmers.



Full Team at South Island Town and Country Meet



Otago Anniversary Meet – Saturday 19 & Sunday 20 March 2016

Seventy-six swimmers competed at the Otago Anniversary Meet over the weekend. There were 62 first placings, 48 second placings and 48 third placings recorded.

The thirty-six A & B squad swimmers achieved 53% personal best times.

Top achieving female swimmer – Teigan Tarapi

Top achieving male swimmer – David Cannon

The forty C & D squad swimmers achieved 80% personal best times.

Top achieving female swimmer - C Squad - Megan Hanning

Top achieving male swimmer - C Squad – Max Kirkwood

Top achieving female swimmer - D Squad – Quilla Cashell-Smith

Top achieving male swimmer - D Squad – Aidan Blair

Congratulations to all swimmers who achieved personal best times.

Progression through Squads

Recent performances have seen the following swimmers graduate to higher squads. Congratulations to:

C SQUAD from D Squad: Jacob Jopson, Quilla Cashell-Smith

B SQUAD FROM C Charlotte Underwood-Nicol, Jordon Kelliher, Cameron Jefferies

A SQUAD FROM B Antonia Bachop and Sophie Wilson

Upcoming Meets

- New Zealand Opens, Auckland, 28 March – 1 April 2016 (Coach – Gennadiy)
- Collegiate Age Group Meet, Invercargill – 9 April 2016 (no coach)
- New Zealand Age Group Championships, Wellington, 18 – 25 April 2016 (Coach – Gennadiy)
- Otago Winter Series – Meet 1 – Balclutha, Sunday 15 May 2016 (Coach TBA)
- Neptune Queens Birthday Weekend Meet, 3 – 5 June 2016, Moana Pool (All Coaches)
- Otago Winter Series – Meet 2 – Queenstown, Saturday 18 June 2016 (Coach TBA)
- Otago Winter Series – Meet 3 – Oamaru, Sunday 3 July 2016 (Coach TBA)

Please refer to DSCB, Swim Otago, or your club's websites for further details on events and how to enter and eligibility and speak to your coach about which meets you should enter if you are not sure.

UPCOMING PUBLIC HOLIDAYS

GOOD FRIDAY 25 March 2016

There will be no training for A, B, C, D and Tri/Surf Squads.+

A Squad OPEN swimmers will train from **8.00am – 10.00am.**

Kate Godfrey, Matthew Glassford, Jeremy Tasker, Courtland Ellis, Sammy Winward, Jack Weston, Jeremy Hopkins, Ben Annagow, Zachary Clark

EASTER SATURDAY 26 March 2016

Training as usual for A squad and B Squad NAG swimmers. 5.00am – 7.00am.

No Dryland Training.

EASTER MONDAY 28 March 2016

No training for B, C and D, Tri/Surf, squads.

A squad and B Squad NAG (only) swimmers will train **9.00am – 11.00am.**

ANZAC DAY – Monday 25 April

No training for all squads.

OPEN SWIMMERS

Break from training: April 4th – April 17th.

Oceania Qualifiers break April 4th – April 10th.

DSCB Review –

Mark Bone had a very full two-day program meeting with coaching staff, Board members, Sport Otago, Swimming Otago and club representatives. Importantly there was also a good representation of parents and swimmers who had the opportunity to meet Mark across all squads. We wish to thank swimmers and parents for their contributions and feedback. The report has now been circulated to Board Members. Once members have collectively reviewed and discussed the report, a report summary and recommendations will be made known. The Board are scheduled to meet Thursday following Easter.

Coaching Team

Gennadiy will be at Opens from after Saturday 26 March morning training until Sunday 2 April. During his absence Simon will be covering A and B squads.

As a temporary measure, Louise Tang has been appointed in a casual part-time capacity as relief coach and will be covering C & D squads while Gennadiy is in Auckland. Louise has eighteen years coaching experience in both NZ & Singapore. You will also see Louise's son Cameron Tang (a past Singapore Representative Swimmer) with 5 years coaching experience on pool deck. Cameron will be covering Surf and Tri Squads.

Dryland – Following Stephen's initial absence from injury, he has indicated he is no longer available to take dryland training. Several persons have been approached as potential candidates. To date no one has accepted this position and work on replacing Stephen continues.

Remember – Gennadiy is free on Thursdays evenings at 6.15pm

Gennadiy is available to discuss queries/concerns you may have about your coaching and goals. If you are wishing to meet with him at another time please email to arrange an appointment. His mobile no is 027-630 9946 email – genaswim@yahoo.com

Administration

A reminder that fees are invoiced monthly in the last week of the previous month **and payments are to be received no later than the 07th of each new month.** It is appreciated fees are paid on time.

Finally..... We wish ***Caitlin Deans*** well as she heads across the Tasman to compete at the Australian Age Group Championships in Adelaide with the New Zealand Age Group Team. (28 March – 4 April 2016).

Good luck to our nine OPEN swimmers who will be heading to Auckland to compete at the National OPENS which also doubles as the Olympic Trials for Rio Jin Auckland from 28 March to 1 April. Ben Anngow, Zachary Clark, Courtland Ellis, Matthew Glassford, Kate Godfrey, Jeremy Hopkins, Jeremy Tasker, Jack Weston & Sammy Winward. ***You can follow all the action on Sky Sports.***



Margaret Eton-Marsh
Administrator

*Good luck to all swimmers in their upcoming Competition
Swim Hard... Swim Fast.... Relax..... Enjoy.....*

‘SWIM DUNEDIN’

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