

*Are you a club swimmer...

*Do you want to go that next step...

Dunedin Swim Coaching Board are now offering you the opportunity to access more professional coaching...

Development Squad – this squad provides the transition from club swimming to competitive swimming training. If you join this squad you still need to belong to your swimming club, but you can now just come along to our training sessions twice a week.

Please note this is NOT a learn to swim programme, you need to have a good level of swimming skills. This is a swimming training squad.

These are happening on a Tuesday and Friday afternoon from 4.00pm -5.00pm.

Aswell as Saturdays 9am – 10am and 10am – 11am.

The cost is \$45 a month for two sessions per week. Please note that you still need to purchase your pool entry.

If you are interested in joining this group please contact Mary on 021-0753695; mary.dscb@gmail.com



