

From Coaching Team

TRAINING 30 APRIL – 12 MAY 2018

A & SURF SQUADS

Morning training will continue to start at 5.30am for A and Surf Squads. (5.15 am in the Door).

5.10-5.15 *Arrive and Ready*

5.15-5.25 *Pre Pool – Land warm up*

5.25 – 5.30 *Intro Workout/Cap & goggles on*

5.30am *in the water*

C & D SQUADS -

Morning C Squad: Kurt Crosland will be taking morning C Squad

Afternoon D & C Squads: Hannah, Cameron and Michelle Summers

IMPORTANT NOTICE:

**PARENT'S MEETING (All Squads)
WEDNESDAY 9 MAY 2018 AT 7.00PM
John McGlashan Chapel/Hall
Pilkington St, Maori Hill**

***"Streamlining to the Future"
Parent Assembly***

Presenter: Lars

Acknowledgement.

We wish to thank Sue Maclaurin for her additional coaching services over the past six months. We have been most grateful to Sue for her availability and willingness to step in to coach our development squads. Sue will be away over the next fortnight heading to Australia for some R & R and will be attending the Australian Coaches Conference. Sue will continue to assist with relief coaching as required.

D & C Development Squad Assessments

If you have a club swimmer wishing to join a squad please contact Margaret to arrange an assessment. There are places available in D Squad however they are filling up fast.

• Meets Coming Up

- **SWIM FEST North Shore Swimming Club** – Auckland 12 May (Interested swimmers to discuss with Kurt. Billets with a North Shore Club family will be available. (Information DSCB website) *(Click above meets coming up)*)
- **Otago Winter Series 1**- Balclutha 13 May 2018
Entries close – midnight, Tuesday 8 May 2018
- **Neptune Queens Birthday Meet:** 2 – 4 June 2018
- **Otago Winter Series 2** - Alexandra - 17 June 2018
- **NZ Open Championships – Auckland** 02-06 July
- Otago Winter Series 3 – Oamaru 7 July 2018
- **Otago Winters Champs** 5 & 6 August

Please refer to DSCB (*click above Meets coming up*), Swim Otago, or your club's websites for further details on events and how to enter and eligibility and speak to your coach about which meets you should enter if you are not sure.

From the Board

Meet the Coach/Board meetings – Last Thursday of the month.

Brendan McCane will be the Board's representative available from 6.15pm on Thursday 31 May 2018. This is an opportunity for to meet & discuss any aspects of training and to have answers to questions, queries or concerns you may have.

Fifteen minute appointments will be made available. If you wish to make an appointment please email admin@swimdunedin.co.nz. If you are unable to meet in person we still hold our monthly surveys, (link below) or you are welcome to contact one of the Board Members any time.

Meeting Dates and rostered Board Members

Thursday 28 June 2018 - Andrea

Thursday 26 July 2018 – Jonathan

Breakfast Club

The Breakfast club will resume on Monday 30 April.

Time: Breakfast club runs from 7 - 8 am Monday to Friday.

Cost: Bond \$12.00 \$3 per day of attendance

A new coordinator still needed. For further details please contact Co-ordinator: Shirlene Pryde. Mobile 021 929975 or prydefamily@vodafone.co.nz. Thank you to those parent volunteers whose support has enabled this to continue and we hope someone can step into the coordinator role or alternatively take on a shared responsibility.

Sincerely,
Team Swim Dunedin

‘SWIM DUNEDIN’

P O Box 2147, South Dunedin, 9044

Website – www.swimdunedin.co.nz

Facebook Page – Dunedin Swim Coaching Board (DSCB)

