



Newsletter... May 2017



The past couple of months were busy with senior swimmers competing in their pinnacle events. While recognizing the achievement of our swimmers it is timely to say a big thank you to our coaching team for their guidance and training in preparing our swimmers for their target events at recent national events.

We are now into the winter phase with the Short Course Season about to start with fifty three swimmers competing this weekend in Balclutha. There are a number of short course Meets leading up to the National Course Championships in October and whether or not this is a targeted event for you, coaches encourage swimmers to compete at these local provincial meets. Details of the 2016/17 season can be found on the Swimming Otago Website and those meets our coaches are targeting on the DSCB website.

Congratulations to..... Caitlin Deans who was named the Southern Zone (Makos) Alumni Zonal emerging swimmer at the recent Swimming New Zealand awards.

Following Opens, Caitlin joined the New Zealand High Performance team and travelled to Flagstaff, Arizona for an altitude camp and to compete at the Mesa Arena Pro Series, Arizona and at the Mission Viejo Swim Meet of Champions in California. We look forward to hearing about your experience.

New Zealand Open Championships – April – from Gennadiy

Team: Jeremy Tasker, Courtland Ellis, Zachary Clarke, Caitlin Deans & Ben Carr.

Coaches pick as the Top swimmer for the Meet was Jeremy Tasker.

- Congratulations to Zac Clarke who came home with a relay Gold medal for his Christchurch Club.
- Our five swimmers produced 21 (55%) personal best times from 38 events, with nine A Finals being swum, and 9 B Finals swum.

South Island Country and Town Championships – from Simon

Team: Max Kirkwood, Madison McKillop, Nancy Nui, Hannah Drew, Phoebe Kirkwood, Grayson Westgate, Caitlin Reilly, Jesse Yee, Eva Zoghbi, Aidan Drew.

Coaches pick as the top swimmer for the meet was Madison McKillop for her huge PBs and team spirit. Our ten swimmers produced 42 (74%) personal best times from 57 swims.

Progression through Squads

Congratulations to Rosie Auchinvole who moved into C squad from D squad during April.

C & D Squad Training - Saturday 13 May 2017

Due to a Canoe Polo Tournament being held on Sat 13 May 2017, C & D training sessions are cancelled.
Please check with Simon about making up this session during the week.

Queens Birthday Weekend

Friday 2 June – Monday 5 June 2017

Due to Neptune Queens Birthday swim meet.

Friday 2 June. All afternoon sessions cancelled (Morning training as usual)

Saturday 3 June: A, C & D Squads cancelled

Monday 5 June – No training all squads (Queens Birthday)

(C & D squad members please check with Simon about making up this session during the week).

Upcoming Meets

- **Clutha:** (Otago Winter Series 1) 14 May 2017 (A, B, C, D squads) – Gennadiy and Simon
- **Neptune Queens Birthday Meet:** 2 – 4 June 2017 (A, B, C, D Squads) All Coaches
- **Cromwell Winter Meet** (Otago Winter Series 2), (17or18 June 2017) (A, B, C, D Squads) - All Coaches
- **Oamaru Meet** (Otago Winter Series 3) 2 July 2017 (A, B, C, D Squads)- All coaches.
- **Otago Winters Champs** 5 & 6 August (A,B,C & D Squads) – All Coaches
- **South Island Champs, Blenheim 25-27 August**
- **Zenith Meet – 9 September**
- **National Short Course, Auckland, 2-8 October.**

Please refer to DSCB, Swim Otago, or your club's websites for further details on events and how to enter and eligibility and speak to your coach about which meets you should enter if you are not sure.

From the Coaching Team

Once the coaches have released programing for the next few months, notices will go out with regard to squad meetings, flume sessions, targeted competition and other activities.

Gennadiy free on Thursdays at 6.15pm

Gennadiy is available at this time for you to meet & discuss any aspects of your swimmer's training and will answer any questions, queries or concerns you may. It would be great if you could email him or send him a text so he knows you are coming, or just go along at 6.15pm prompt. If you are wishing to meet with him at another time please email to arrange an appointment. His mobile no is 027-630 9946 email – genaswim@yahoo.com.

Breakfast Club

Time: Breakfast club runs from 7 - 8 am Monday to Friday.

Cost: Bond \$12.00 \$3 per day of attendance

For further details please contact Co-ordinator: Shirlene Pryde. Mobile 021 929975 or brendon.shirlene@xtra.co.nz

Thank you to those volunteers whose support has enabled this to continue

From the Board

Jonathan Duncan was elected as the new Board Chairman to replace outgoing Chairman Lindsay Dey at it's April Meeting.

Lindsay Dey, Sean McMahon and Maurie Jackways were acknowledged and thanked for their contributions they collectively made to the Board over the past four years. Special acknowledgement was made to Lindsay who was involved from the beginning to establish, under the Service Level Agreement with the Dunedin City council, the platform to provide services for swimmers in Dunedin. We wish these gentlemen well for the future.

Board Members: Jonathan Duncan (Chairman), Nic Dahl, Brendan McCane, Andrea Wolf and Richard Hutchens.

Margaret Eton-Marsh
Administrator

***Good luck to all swimmers in their upcoming Competition
Swim Hard... Swim Fast.... Relax..... Enjoy.....***