

Congratulations to.....

Jessica Scott who has been selected for the NZ Age Group Team to compete at the State Teams competition in Canberra in September.

National and Otago Record Breaker: Congratulations to Erika Fairweather who broke the 13 year girls 400IM short course record and the Otago 12-13 year girls shortcourse records in the 400IM and 200IM at the Neptune Meet in June. A great start to the season.

Otago Winter S/C Meet No.3 – Oamaru – From Gennadiy & Simon

Forty four swimmers travelled to Oamaru for the third and final Otago Winter Short Course Series. The Oamaru pool always provides a challenge requiring swimmers to adapt to its “quirks” and watching the backstroke starts on the slippery wall can be particularly entertaining! After the Queen's Birthday Meet, the PB rate was a little down although there were several swimmers really keen to improve on recent performances swimming some fantastic races.

Seven A squad produced 15 PBs (53%) from 28 races.
Fourteen B squad produced 36 PBs (53%) from 67 races.
Sixteen C squad produced 53 PBs (63%) from 84 races.
Seven D squad produced 16 PBs (47%) from 34 races

Top swimmers of the Meet.

Erika Fairweather - A Squad
Esme Paterson - B Squad
Kale Twist, Charlotte Hewson - C Squad
Sophie Low - D Squad

Progression through Squads

Congratulations to Grayson Westgate, Charlotte Hewson and Caitlin Reilly for elevation to B squad and Mia Stout, Ella Wills and Miro Williams who have moved into C Squad from D Squad.

Upcoming Meets

- **Otago Winters Champs** 5 & 6 August (A,B,C & D Squads) – Simon and Gennadiy
- **South Island Champs, Blenheim 25-27 August - Gennadiy**
- **Zenith Meet – 9 September, Moana Pool**
- **Colin Walker Memorial Meet, Queenstown 30 September**
- **National Short Course, Auckland, 2-8 October.**
- **National Development Camp 8-10 October Auckland**
- **ORCA Meeting, Invercargill 20-22 October**

Please refer to DSCB, Swim Otago, or your club's websites for further details on events and how to enter and eligibility and speak to your coach about which meets you should enter if you are not sure.

South Island Champs, Blenheim 25-27 August – Congratulations to the following twenty swimmers who have qualified for this meet and will be striving to qualify for national events.

Ana Tarapi, Ben Carr, Caitlin Deans, Cecillia Crooks, Courtland Ellis, Devon Familton, Gabby Trotter, Geoffrey Kemp, Holly Uluakiola, Jessica Scott, Molly Law, Nick Pryde, Nicole Heaton, Zoe McCane, David Cannon, Madison Wills, Olivia Andrew, Oliver Walker, Esme Paterson and Tame Govaerts Paul.

Auckland Age Group Champs/Commonwealth Games Trials, 7-10 December 2017

Notices have gone out to A Squad members with regards to confirming whether they are interested in competing at these Championships. If you are wishing to go confirmation is required with deposit by Monday 7 August.

From the Coaching Team

The following Saturday C & D sessions have been cancelled due to other pool bookings and swimmers are requested to discuss with Simon alternative sessions they should attend to make up these lost sessions.

Sat 9 September due to Zenith swim carnival

Sat 16 September due to an Under Water Hockey Tournament

Flume Visit – A & B Squad

Forty-Five A & B squad swimmers attended sessions at the Flume over the holidays. Swimmers have been provided with a film of their strokes for viewing and analysis. Please remember to make a time with Gennadiy to review analysis of strokes and discuss any corrective work for areas of improvement.

Gennadiy free on Thursdays at 6.15pm

Gennadiy is available at this time for you to meet & discuss any aspects of your swimmer's training and will answer any questions, queries or concerns you may. It would be great if you could email him or send him a text so he knows you are coming, or just go along at 6.15pm prompt. If you are wishing to meet with him at another time please email to arrange an appointment. His mobile no is 027-630 9946 email – genaswim@yahoo.com.

Adverse Weather Conditions

For health and safety it is the individual's call on whether they are able to travel safely to the pool. (Listen to Road reports Radio Otago) Dunedin City Council/ NZ Transport Agency Websites.

If Moana Pool is open, sessions are running. Our coaches endeavor to be at all sessions. In the case of cancelled sessions these would be broadcast via email or "Facebook" for afternoon sessions and Phone/text from coaches if morning A squad, Surf/Tri or C squad training were to be affected

Breakfast Club

Time: Breakfast club runs from 7 - 8 am Monday to Friday.

Cost: Bond \$12.00 \$3 per day of attendance

For further details please contact Co-ordinator: Shirlene Pryde. Mobile 021 929975 or

brendon.shirlene@xtra.co.nz

Thank you to those volunteers whose support has enabled this to continue

From the Board

Acknowledgement and Thanks

Bendigo Valley Sport & Charity Foundation have been generous in supporting the cost of Gennadiy attending the South Island Swimming Championships in Blenheim later this month. We wish to acknowledge and thank the Foundation for their grant of \$400.00.

We also wish to thank **Sue Maclaurin** for her contributions in assisting coach cover for C & D squads during Simon's and Cameron's absences over the past couple of months. We also thank Maddy Crawford for her assistance with Dryland on Thursdays and Saturdays over the past six weeks and to Michelle Summers and Phillipa Wilson who have stepped in during illnesses.

Survey Monkey

Thank you to those swimmers (64% of invitees) and parents (54.5% of invitees) who have taken time to respond to questionnaires sent out over the past couple of months. The survey has been implemented to monitor swimmer and parental satisfaction of coaching services.

Members across all squads are being randomly selected each month and sent the survey. As feedback is valuable to us, we encourage you to take part and grateful for your contribution. Questions should take no longer than a couple of minutes.

May and June surveys showed 75% of Swimmers were satisfied and engaged and 54.5 % of parents were satisfied with services. The overall the Net promoter score of -37.5 however indicates there is opportunity for improvement.

Combined Meetings DSCB, Swimming Otago and Clubs

The Service Level Agreement DSCB has with the DCC is up for renewal next year and meetings are taking place to look at the effectiveness of the present structure of swimming in Dunedin and to explore pathways and the future vision for of swimming in Dunedin.

Communication, pool space, team culture, lack of resources and coaching/program structure have been identified as the five main areas for improvement and a working party will be set up to look at recommendations and solutions for addressing these.

A Swimmers Forum to explore the Ugly', 'Bad', 'Good' and 'Delightful' of swimming is being planned and squads will be sent out invitations.

Resignations

Margaret has resigned as Administrator and will be leaving the Desk on Friday 18 August 2017. Further notification of will be provided once it is known how administration will be structured. In the meantime business will be as usual.

Administration

Please remember we like to have notice when members are away from training. If a member is away due to an extended injury or illness it is important to let administration know as soon as possible and on presentation of a medical certificate the period of injury/illness will not be charged.

Members planning on being away from training for an extended period of time need to advise administration one month in advance if away longer than one month. Fees otherwise will continue to be incurred. (Please refer to Membership Policy on our website).

Accounts....

There remains a number of outstanding fees. Coaching fees are set in accordance to outgoing costs and divided into twelve equal instalments over the year. It is appreciated invoices are paid on time no later than 07 of each month to cover outgoing costs of lane charges, wages and the general administration costs of running a business.

Finally..... Best wishes to the fifty seven swimmers competing at the Otago Winter Short Course over the weekend.

Margaret Eton-Marsh
Administrator

*Good luck to all swimmers in their upcoming Competition
Swim Hard... Swim Fast.... Relax..... Enjoy.....*