

Welcome to:

Lars Humer who officially started on 2 April. Lars was pool side a couple of weeks beforehand observing, assisting coaches and meeting parents and stakeholders, so many will have had the opportunity to meet him. We look forward to a new and exciting chapter for swimming in Dunedin. The Board also wishes to acknowledge the exceptional work and effort Kurt has put into the program waiting for Lars's arrival.

Swim Dunedin April Update – from Lars

Dear Swimmers, Parents and Supporters

A quick update since I have arrived back in Dunedin.

I have learnt a lot over the last 3 weeks and gained a lot of valuable information prior to officially starting in my new role. There are a lot of good things happening and we need to maintain those strengths while improving in weaker areas. Like everything in life that includes people we can do better and we will look to develop all aspects of the programme.

Kurt and the coaching team have done an outstanding job with the programme through a difficult transition phase while waiting for me to arrive. We have a strong group attending NAGs next week and Kurt and the swimmers are preparing well for this important meet. I will remain in Dunedin and increase my coaching contact time, mostly with the remaining A Squad and the B Squad.

Please be patient as I get up to speed with this diverse programme and the many supporting, clubs, aquatic sports and structures. I am starting to get a feel for it and the challenges with pool space and times. While we would always wish for more pool time we are very fortunate to have as much as we do. Moana Pool is a popular Dunedin venue, we do OK and better than most around the world.

I am aware of possible improvement areas and currently working on strategies and plans to make these happen. Some of these areas are complex and others simpler yet still require time. No one will want it to work more than me and I am very conscious of our massive potential. This can only be realised by frequent practice, attention to detail and a real sense of purpose in everything we do.

I have met with the board and tentatively planned to have a series of assemblies in May and start communicating how I believe we can strengthen swimming in Dunedin. That said the process is already underway and having met many people in the aquatic community will contribute to plans. I have also worked closer with the coaches and we now have some common ground with skills and technique.

In short, we are moving forward, we will get better and we will achieve good things. As we improve our foundation of fundamental skills the pace of improvement can increase. It will take a big effort, strong commitment and a positive attitude.

Thank you for the warm welcome back to Dunedin and be assured that I will work diligently to serve our community. I'm looking forward to getting to know you all.

*Regards
Lars*

Congratulations to.....

Caitlin Deans who has been named in the New Zealand Team to compete at the 2018 Oceania Swimming Championships to be held in Papua New Guinea in June of this year.

Jack Divers (16) who has been named in the New Zealand Team to compete at the World Age Group Championships on the Gold Coast in September.

Otago Record Breaker – Harry Summers (11 years) broke the Otago Long course 10-11 boys 400 IM (5.55.33) and 800 Freestyle (10.38.16) at the Otago Anniversary Meet in March. Well done Harry.

Cecelia Crooks who won the 2018 NZ Secondary Schools U19 Triathlon in Nelson in March and coming second in the Aquathon later the same day.

Janus Stafenberg – National U19 Squad competed at the Oceania Junior Championships in New Plymouth 25 March. Janus is top ranking at No.1 in the National U19 triathlete squad however was injured during competition.

Ocean 18 – Under 14 National Surf Lifesaving Championships (Orewa)

Erika Fairweather had a hand in all four of Otago's medals at the championships held north of Auckland earlier in March claiming three gold medals in the women's under-14 grade. **Erika and Mereana** were part of the mixed under-14 beach relay team which won bronze.

Other results: **Mereana** fifth in the under-14 women's surf race

Grace Creighton, in the U14 grade in the board race.

Jade Fairweather fifth in the U13 women's surf race.

Samuel Stedman fourth in the U13 men's diamond race and fifth in the board race.

2018 National Surf Life Saving Champs (Gisborne)

Several swimmers competed at these championships with many making finals or the top 10 in the following events of Surf Race, Run Swim Run, Board, Diamond, Board Rescue and Taplin. Impressive results considering the large number of competitors and NZ Rep Athletes across the age groups.

Congratulations to:

Devon Familton, Olivia Gold, Carina Donegan and Olivia Andrews who won a National Bronze Medal in the U19 Women Surf Team Race

Devon Familton, Olivia Gold, Carina Donegan and Annie Kennedy-Atchison who were 4th in the U19 Women Team Tube Rescue event.

DIV II Championships - Rotorua

Well done to the following seven swimmers who qualified and competed with distinction at the New Zealand National Div II Competition in Rotorua recently. Thirty three finals were swum with twenty one podium finishes. (Seven gold, seven silver and seven bronze).

Laura Bungard (16 years) 4 Gold and 1 Silver

Jemma Wilson (12-13 age group), 3 Gold, 3 Silver and two bronze

Anna Tarapi (15 years) 3 Silver and 4 Bronze

Charlotte Hewson (14 years) 1 Bronze.

Other Finalists **Meg McLaughlin, Tim Schaefer and Charlotte Hewson**.

Otago Anniversary Meet – Saturday 24 & Sunday 25 March 2017.

Sixty **swimmers** competed with a good amount of personal best times achieved. Harry Summers was the stand out swimmer of the meet breaking to Otago long course records. Congratulations to all swimmers **who achieved personal best times**

• Meets Coming Up

- **New Zealand Age Group Championships**, Auckland, 17 – 21 April (Coach – Kurt)
- **SWIM FEST North Shore Swimming Club** – Auckland 12 May (Interested swimmers to discuss with Kurt. Billets with a North Shore Club family will be available. Entries close 27 April.
- **Otago Winter Series 1**- Balclutha 13 May 2018
- **Neptune Queens Birthday Meet**: 2 – 4 June 2018
- **Otago Winter Series 2** - Alexandra - 17 June 2018
- **NZ Open Championships – Auckland** 02-06 July
- Otago Winter Series 3 – Oamaru 7 July 2018
- **Otago Winters Champs** 5 & 6 August

Please refer to DSCB ([click above Meets coming up](#)), Swim Otago, or your club's websites for further details on events and how to enter and eligibility and speak to your coach about which meets you should enter if you are not sure.

From Coaching Team

Training over the School Holidays 16-28 April

B,C,D & TRI SQUADS – Training as usual
A SQUAD TRAINING – LATER TIME OF 5.30AM (5.15 am in the Door)
SURF SQUAD - EARLIER TIME OF 5.30AM (5.15am in the Door)

Upcoming Public Holiday

**ANZAC DAY
25 APRIL 2018**

**There will be no training for All squads except A Squad.
A Squad training session 3.00pm – 5.00pm**

Communication with Coaching Team. Please appreciate when coaches are coaching during sessions their attention is on the swimmers they are coaching. If you are wishing to talk to your coach please ensure this is before or after the training session and if you wish talk longer make a time.

Lars works on **an open door policy** and is available to address any queries or concerns you may have about your coaching program. He welcomes you to make contact with him in person immediately after a training session or email or phone him out of coaching times. Email contact larshumer@outlook.com or 027 611 5056. Kurt's kurt@swimdunedin.co.nz 027 4359939.

2018 AGE GROUP CHAMPIONSHIPS - AUCKLAND 17-21 APRIL

Congratulations and best wishes to the following twenty-two swimmers who qualified and will be competing in Auckland next week.

David Cannon, Ben Carr, Cecilia Crooks, Meg Christophers, Caitlin Deans, Erika Fairweather, Eli FAMILTON, Briony Fraser, Tame Govaerts, Natalie Hutchen, Jordan Kelliher, Geoffrey Kemp, Zoe McCane, Esme Paterson, Nick Pryde, Jessica Scott, Jordan Summers, Gabrielle Trotter, Holly Uluakiola, Oliver Walker, Molly Whittaker, Madison Wills

Kurt will be attending as Coach then he will be staying on for the NZSCAT conference and visiting North Shore Swimming Club.

From the Board

A series of Meetings with parents and stakeholders are being planned for May. Further details will follow with dates.

Meet the Coach/Board meetings – Last Thursday of the month.

Jonathan Duncan will be the Board's representative available from 6.15pm on Thursday 26 April. This is an opportunity for to meet & discuss any aspects of training and to have answers to questions, queries or concerns you may have.

Fifteen minute appointments will be made available. If you wish to make an appointment please email admin@swimdunedin.co.nz. If you are unable to meet in person we still hold our monthly surveys, (link below) or you are welcome to contact one of the Board Members any time.

Meeting Dates and rostered Board Members

Thursday 31 May 2018 - Brendan

Thursday 28 June 2018 - Andrea

Thursday 26 July 2018 – Jonathan

MONTHLY SURVEY – please click below if you wish to complete survey.

[MONTHLY PARENT SATISFACTION SURVEY](#)

[MONTHLY SWIMMERS SATISFACTION SURVEY](#)

Administration

The Breakfast club will cease over the holiday period and will resume on Monday 30 April.

Time: Breakfast club runs from 7 - 8 am Monday to Friday.

Cost: Bond \$12.00 \$3 per day of attendance

A new coordinator still needed. Shirlene has been coordinator the past four years and is looking for someone else to come forward and takeover as her son Nick is now at Varsity.

For further details please contact Co-ordinator: Shirlene Pryde. Mobile 021 929975 or prydefamily@vodafone.co.nz. Thank you to those parent volunteers whose support has enabled this to continue and we hope someone can step into the co-ordinator role or alternatively take on a shared responsibility.

Sincerely,
Team Swim Dunedin

If you notice something missing or spot a mistake, please let us know so we can correct it. If you have any swimming news or photos you would like to see in the newsletter, make sure you get in touch!

Good luck to all swimmers in their upcoming Competition

Swim Hard... Swim Fast.... Relax..... Enjoy.....

‘SWIM DUNEDIN’

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Website – www.swimdunedin.co.nz

Facebook Page – Dunedin Swim Coaching Board (DSCB)

