



Dunedin Swim Coaching Board, Moana Pool, 60 Littlebourne Road, Roslyn, Dunedin, 9010 // www.swimdunedin.co.nz // info@swimdunedin.co.nz

# Swim Dunedin Newsletter

Issue No. 26, November 2017

#### **Farewells**

Although Gennadiy's departure was last month, we would like to acknowledge and thank him for the contribution he has made to swimming in Dunedin since his arrival in 2006. We wish him all the best for his future coaching endeavours and hope to see him back in Dunedin for future meets!

Simon will be leaving on the 24th of this month to spend time in the UK before returning to Wellington in 2019. There will be farewell nibbles held at Moana Pool on Friday 17th at 6:30pm open for all to attend.

Meets

#### Colin Walker Memorial Meet

The Colin Walker Memorial Meet was held in Queenstown on the 30th of September. We had seven B Squad swimmers attend, managing a 56% PB rate. Abi Gibson was named top swimmer.

#### Orca Labour Weekend Meet

The Orca Labour Weekend Meet was held in Invercargill from the 21st to 22nd of October with 31 of our swimmers attending across A, B, C and D Squads. Combined, they just edged over the 50% PB mark however there was some fantastic swimming with Madison Wills, Eli Familton, Clara Peniamina and Jamie Blair being named as the top swimmers of the meet.

## Upcoming

- Murihiku Anniversary Meet: 11th November, Invercargill. Simon to attend.
- Kiwi Challenge Meet: 19th November, Dunedin. For all squads with Simon and Kurt to
- 2018 Otago 12 & Under Champs: 2nd 3rd December, Dunedin. For all qualifiers with Kurt to attend.
- ASA Age Group Championships & Commonwealth Games Trials: 7th 10th December, Auckland. Caitlin Deans and Ben Carr attending.
- Southland Long Course Champs: 14th 17th December, Invercargill. For all squads, Kurt to attend.
- **Otago 13 & Over Champs:** 17th- 20th January, Dunedin. For all qualifiers, Kurt to attend.









Professional Swim Coaching, Development Squads and Water Space Management

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# Squads

### Coaching

After Simon's departure on the 24th, there will be a few changes to the coaching setup for our squads until the new Head Coach arrives.

**A Squad:** Kurt Crosland **D Squad:** Sue Maclaurin (primary)

Cameron Tang (secondary)

B Squad: Kurt Crosland Surf/Tri: Cameron Tang

**C Squad:** Sue Maclaurin (primary)

Cameron Tang (secondary)

Kurt Crosland will be the primary contact for all coaching-related matters.

#### **New Members and Squad Progression**

Welcome to Huiseong Song, Sophie Matahaere and Tom Jefferies who have started in D Squad and Tom Cogger and Emir Erkinov who have started in C Squad. Congratulations to Andie McGrouther and Cathrine Lund who have both made the transition into C Squad.

## A and B Squad Acceleration Program

An Acceleration Program will be held for A and B Squads from the 3rd to the 12th of January at Moana Pool run by Kurt. It will comprise of morning and afternoon pool sessions and extra dryland and other activities based around these. The visit by Wayne Goldsmith visit will be incorporated as part of the program. There will not be any additional cost for the Acceleration Program with the exception of the Wayne Goldsmith portion of which funding has not yet been finalised with Swimming Otago. More information will be made available as soon as it can be.

# Cancellations and Holiday Break

C and D Squads will be taking a break during the school holidays. The final session for the year will be on Friday 22nd December and will resume on January 15th.

All squads will be cancelled from the 17th - 20th January to accommodate the Otago 13 and Over Champs.











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### A Squad Dryland

A small change to our A Squad dryland program is being planned to reflect a change in those able to attend and overall program delivery. The plan is to hold A Squad dryland sessions from 5:20pm - 6:15pm on Mondays, Wednesdays and Fridays and Gym sessions at the same time on Tuesdays and Thursdays. This is a simple swap of the dryland and gym sessions currently held so please let us know if this will significantly affect you or your child's ability to attend.

#### From the Board

### A and B Squad BBQ

We are aware that some of the biggest and most impactful changes have been and will be felt by our A and B Squads so we would like to invite them to a BBQ at Moana Pool on Wednesday the 15th at 6:30pm to relax together and have the chance to personally speak with members of the Board. We also expect to be able to share news in regard to the future for coaching at Swim Dunedin.

# **Amendments**

The following amendments were made to Issue No. 25 after it's initial publication:

- South Island Champs Results were updated to include the following records:
  - Madison Wills who broke the 12-13yrs 200m IM South Island Champs Meet record.
  - Jessica Scott, Olivia Andrew, Esme Paterson and Molly Law who broke the 15yrs and under 400 Freestyle Regional Relay South Island Champs Meet record.
  - Nicole Heaton, Madison Wills, Jessica Scott and Molly Law who broke the 15yrs and under 400 Medley Regional Relay South Island Champs Meet record.
- Olivia Brown progressed to C Squad.
- The Board's decision on the change proposal was included.

Sincerely,

Team Swim Dunedin

If you notice something missing or spot a mistake, please let us know so we can correct it. If you have any news or photos you would like to see in the newsletter, make sure you get in touch!





