



PARENTS ROLE

As a parent of a swimmer, we ask you to provide your support as follows,



Remember that children participate in sport for their enjoyment, not yours



Encourage swimmers to participate to the best of their ability



Focus on the swimmer's efforts and performance rather than winning or losing,



Never ridicule or yell at a swimmer for making a mistake or losing a race.



Be a good role model, appreciate good performances by all competitors,



Respect official's decisions and teach your swimmers to do likewise,



Show appreciation for volunteer managers and officials. Without them your swimmer could not compete.



Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.