



# Annual Report 2014-15

## The journey so far...

July 2014 - June 2015

[www.swimdunedin.co.nz](http://www.swimdunedin.co.nz)



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# Our four core areas of focus:

The Dunedin Swim Coaching Board is an entity formed through the collaboration of the Dunedin City Council, Moana Pool Management, Local Swim Clubs and Professional Coaches.

The entity is responsible for water space allocation for professional swim coaching in Dunedin. This role includes the administration of coach and athlete development pathways / programmes, the appointment of a head coach and additional development squad coaches.

The Dunedin Swim Coaching Board was established in 2012 in response to pressures on water space in Dunedin pools at peak training times. Many of these pressures were perceived to be caused by the previous system of allocation of lane space to professional coaches. In order to avoid competition between coaches and to provide a structured approach to both coach and athlete development DSCB was formed.

At present Swim Dunedin has over 190 registered athletes participating in development squad programmes of various levels.



# Service Level Agreement:

**GOAL 1: To develop a coaching structure that will support the development of competitive swimmers to the highest level. The DSCB will appoint and administer professional swim coaches so that at least two professional swim coaching contracts are maintained at Moana Pool on the conditions set out in Schedule A.**

OUTCOME	SMART OBJECTIVE	NOTES
<u>Active City</u>	<p>To provide choice of professional swim coaching for users of Moana Pool.</p> <p>At least two professional swim coaching contracts for elite swimmers are maintained at Moana Pool.</p> <p>To lift all levels of swim training in an effort to strengthen the overall standard of swim coaching in Dunedin.</p> <p>To Provide assistance to the full range of aquatic disciplines requiring swim coaching.</p>	<p>Swimmers are provided with a choice of coaches.</p> <p>To develop a pathway for swimmers to advance from club to elite standard.</p> <p>To implement training programmes to cater for all aquatic based disciplines.</p>

**GOAL 2: To provide coaching support programmes, technical advice, support and facilities to assist and guide all levels of swim training in Dunedin.**

OUTCOME	SMART OBJECTIVE	NOTES
<u>Active City</u>	To achieve a daily target of 200 swimmers coached utilising the coaching services under this agreement.	<p>Records are kept of carded and talent development swimmers. This includes a breakdown of Dunedin based and of town swimmers.</p> <p>Keep accurate records of user figures and programmes (what age groups and programmes/services used)</p>
	To achieve a minimum of 20 high performance swimmers (Otago and national) utilising the coaching services under this Agreement.	<p>Records are kept of high performance swimmers (Otago and National). This includes a breakdown of Dunedin based and out of town swimmers.</p> <p>Keep accurate records of user figures and programmes (what age groups and programmes/services used)</p>
	To achieve a minimum of 2 international high performance swimmers utilising the coaching services.	Keep a record of the international swimmers who have utilised the coaching services.

**GOAL 3: To provide swim coaching services in Dunedin interacting with the range of medical and scientific expertise available through the University of Otago.**

OUTCOME	SMART OBJECTIVE	NOTES
<u>Active City</u>	Build relationships with the University of Otago to obtain input from a research and coaching enhancement perspective.	The aim is to provide research opportunities for University programmes that could benefit elite swimmers.

**GOAL 4: To ensure excellence in the provision of services including administration.**

OUTCOME	SMART OBJECTIVE	NOTES
<u>Active City</u>	In conjunction with Council staff develop a customer satisfaction survey which would be administered annually to users and coaches.	If resourcing allows, survey of principal users to determine if facility programmes and services are meeting their sporting needs. Explore the use of the current CERM- Customer Satisfaction Survey and determine if its use is appropriate for this agreement.
	A reported base line level in satisfaction for the programmes and services offered.	Base line satisfaction results will enable comparison over time.

**GOAL 5: To establish a clear procedure for the progressing of complaints.**

OUTCOME	SMART OBJECTIVE	NOTES
Support of Community	Establish and impartial process for dealing with complaints in relation to the swim coaching and other services set out in this Service Level Agreement.	Records are kept of any complaints received and any actions taken.

# DSCB Team July 2014 - June 2015

## Core Staff

Gennadiy Labara	Head Coach
Adam Fulton	Senior Assistant Coach (Full-time, appointed February 2015)
Simon Cook	(Appointed full-time November 2014)
Stephen Fenemor	Assistant Coach, Dryland Coach and Nutritionist (Appointed July 2014, Casual)
Margaret Eton-Marsh	Administrator (Appointed June 2014, full-time)

## Casual Coaches

Sue Maclaurin	Junior Development C & D Squads
Kate Godfrey	Port Chalmers
Stefannie Gillespie	

## Board Members

Lindsay Dey	Chairman
Sean McMahon	
Matt Heaton	
Maurie Jackways	(appointed July 2014)
Monique Esplin	(appointed July 2014 – resigned September 2014)

## Honorary Ambassador

Kate Godfrey

## Team Captains

1. Kate Godfrey
2. Cameron James





# 2014-15 Hall of fame

## Top achievers

### Otago Record Breakers

**Kate Godfrey - Open**

**Tame Govaerts - Age Group**

**Devon Familton - Age Group**

**Caitlin Deans - Age Group**

**Courtland Ellis – Age Group**

**Han Zhang – Age Group**

### National Open - March 2015

- Kate Godfrey broke the Otago Women's Open Record in the 200m backstroke and qualified to compete at the World University Games.

### National Age Groups, April 2015

- Tame Govaerts broke the 15 year boy's 50m and 200m Breaststroke records
- Devon Familton broke the 15 year girl's 50 Backstroke Record

### South Island Swimming Champs

- Kate Godfrey, 17 and over 100m Backstroke record
- Kate Godfrey, 17 and over 200m Backstroke record
- Caitlin Deans, 13-14 years 400m Freestyle record
- Caitlin Deans, 13-14 years 800m Freestyle record
- Han Zhang, 15-16 years 200m breaststroke record

### International Swimmers

**Andrew Trembath**      New Zealand Team - Pan Pacific Junior Championships, Hawaii, August 2015  
4<sup>th</sup> place in his backstroke event.

**Kate Godfrey**      New Zealand Team - World University Games – Korea

### Athletes in High Performance Programmes

**Andrew Trembath**      Swimming New Zealand 2020 Power of Black Programme, a new incentive working towards Tokyo 2020.

**Aleisha Ruske**      Sport Otago Accelerated Programme.

**Cameron James**      Sport Otago Accelerated Programme.

**Caitlin Deans**      The Pathway to Podium talent development program for 2015

## International Triathletes

### **Debra Lynch**

Four person New Zealand under 23 team to compete at the ITU World Championships, Edmonton in Canada in September (Triathlon).

Holly Barclay (U18), Julia Hunt (U20), Anna Lindsay (U16), Lorenz Kissling were named in the New Zealand Triathlon Squad to compete at the World Championships.

## International Surf Life Saving

### **Andrew Trembath**

New Zealand Youth Team -  
World Surf Lifesaving Champs in Montpellier, France.

Andrew won Silver in the individual 200m obstacle race and Bronze in the 4x100 obstacle relay. He also won gold in the teams Board and Tube Rescues.







# Annual Report of Chair of the Dunedin Swim Coaching Board

Lindsay Dey

*"... It is pleasing that we have achieved some of the objectives set out for us. However, it is the continued support of the City that will sustain this project."*

## Successes and general thoughts on how far we have come...

It is with a degree of pleasure that I write the Chairman's Report for the Dunedin Swim Coaching Board Annual Report for 2014 / 2015.

We have completed just over 2 years of our existence, having been established under a Service Level Agreement with the DCC.

The challenge of our agreement with the City was to provide a professional coaching programme of the highest standard that catered for swimmers within all disciplines.

The target of the Agreement was to have 200 plus swimmers enrolled in programmes and that we had at least two professional coaches.

The added challenge has been to ensure that the costs of delivering the programme are both equitable to all involved and affordable.

It has taken two years to get to 200 swimmers and the same to achieve a coaching staff that have the ability to deliver the diversity of requirements: club swimmers, Age Group swimmers, Surf and Triathletes and open water athletes.

We are delighted to have a staff of three full-time coaches: Gennadiy Labara, Adam Fulton and Simon Cook along with strength and condition and nutrition coach Stephen Fenemor, ably co-ordinated by Margaret Eton-Marsh.

Our Head Coach Gennadiy Labara is unashamedly wanting to have the best professional preparation in NZ.

The major KPI within the Service Level Agreement is to strive to have at least two international swimmers within the Squad. One of the difficulties of retaining top athletes within the programme, is the National pathways for swimmers where we often see top swimmers moving to national programmes.

This year the results of Swimmers Kate Godfrey and Andrew Trembath, along with triathlete Debra Lynch and Surfer Andrew Trembath were notable.

Full results are within this Report.

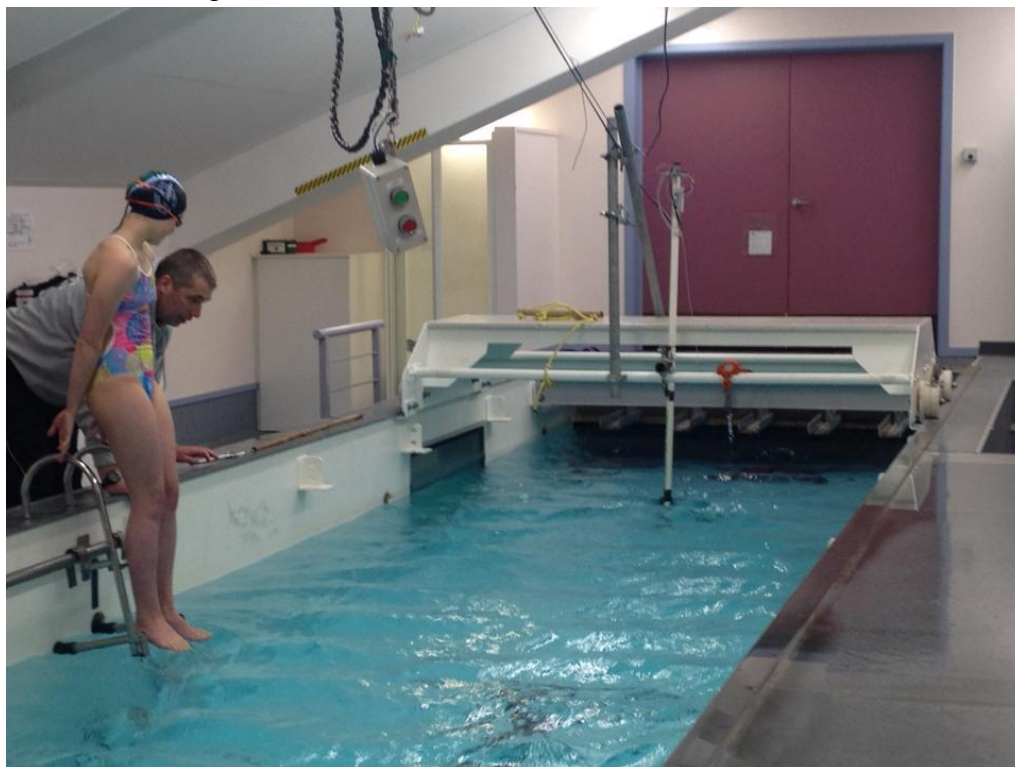
Our biggest concerns are balancing the Budget and without City support this project could not be achieved.



# DSCB 2014-15 Activities

## Use of University of Otago Flume

The DSCB are grateful for having access to the University of Otago Flume where swimmers can be put through their paces to have their strokes filmed and analysed. A and B squad members attended sessions in July and October for these coaching assessments. Triathletes and Master's swimmers also had sessions at the Flume.



## Senior Camp

Twenty senior swimmers attended a 10 day Swim Camp in Timaru in early January, an opportunity for swimmers to focus 100% on swimming. This included Dryland training, training in the outdoor 50 metre pool, and team sessions covering technique, nutrition (including anthropometric measurements), and goal setting.

At the conclusion of the camp swimmers competed at the Temuka Long Course Swim Meet at the following their final morning training session.

## Triathlon Camp

In April Gennadiy conducted swimming sessions for twelve triathletes attending the Southern Regional High Performance Triathlon Camp. This included a flume session and two pool sessions working on technique and speed, and analysis of each individual's stroke on DVD. Triathlon New Zealand were most impressed with these sessions, and the DSCB wish to commend Gennadiy on his presentations.

## Swim Otago Proposed Swimming Pathway for Otago Competitive Swimmers

The Board expressed support to Swim Otago working with Head Coach Gennadiy Labara in the development of a Swimming Pathway for competitive swimmers. In acknowledgment, three camps for different levels of swimmers have been facilitated. More provision for competition on the Otago Regional Winter Calendar is also planned.

### Breakfast Club

This runs from 7.00am – 8.00am Monday to Friday which is run by parent volunteers and thanks is expressed to Shirlene Pryde who is the co-ordinator.

### Interface with Clubs

Kate Godfrey, our senior swimmer and Swimming Ambassador, coached a group of senior club swimmers at the Port Chalmers Swim Club over the summer. The club members were very grateful for this DSCB input and reported that the club swimmers enjoyed the coaching and the club hopes this arrangement would continue next summer.

### Survey

DSCB Survey of Coaching Services was conducted in July. Some key findings were:

- Communication between coaches, parents and swimmers needed improvement. Information was not up to date on website regarding the competitive calendar, squad structures and pricing.
- Monthly emails could be sent to parents with short evaluations of last 4 weeks performance on athlete. Not enough individual advice, attention during training sessions.
- More individualised programmes should be considered in order for athlete to develop.

### Appointment of a Second Coach

Attracting a second coach to run a parallel program as outlined in the SLA has been a time spent exercise and remained a challenge to attract a suitable candidate. Advertisements have been placed on swimming websites nationally and overseas. Three potential employees have been offered the appointment at various points in time, however appointees have withdrawn from contract.

### Appointment of Board Members

Two positions are at present vacant, one being left vacant in September by Monique Esplin after two months into her tenure and another following the resignation of Matthew Heaton in April. Advertisements were placed at the end of 2014 and to date there is one potential candidate waiting to give notice of their intent.

After June 30 2015 year-end, the Board welcomed new appointees Jonathan Duncan, Nic Dahl and Brendan McCane.

### Danyon Loader

Danyon visited to explore potential career opportunities and present plans for aquatic development. Danyon had meetings with Michael Stedman (Chairman of the Mosgiel Pool Development Committee) and David Gerrard. Danyon visited squads at both morning and afternoon sessions both observing and conducting some poolside coaching. He met with the Board Saturday morning for an overview of his visit.

### Bendigo Valley Sport & Charity Foundation

Acknowledgement and thanks Bendigo Valley Sport & Charity Foundation who supported our senior swimmers attending National Competitions. With two grants, \$800.00 and \$900.00 respectively, to support coaching costs at the National Open Championships in Auckland and then the National Age Group Championships in Wellington.



## Head Coach's report

Gennadiy Labara (Head Coach DSCB)

**Squad members April 2014**

<b>A I</b>	8
<b>A II</b>	14
<b>A III</b>	19
<b>B</b>	22
<b>C</b>	51
<b>D</b>	24
<b>Tri</b>	23
<b>KAOS</b>	12
<b>Surf</b>	14
<b>High S</b>	5
<b>Surf Club</b>	6X
<b>Total</b>	<b>192</b>

**Squad members May 2015**

<b>A I</b>	6
<b>A II</b>	8
<b>A III</b>	18
<b>B</b>	26
<b>C</b>	46
<b>D</b>	43
<b>Tri</b>	17
<b>KAOS</b>	14
<b>Surf</b>	17
<b>Surf Club</b>	6X
<b>Total</b>	<b>195</b>

It is with pleasure that I present the annual report for 2014-2015.

This report aims to summarise the essence of 2014 - 2015 competitive year and to identify and celebrate successes and achievements of our DSCB swimmers.

### SQUADS OVERVIEW

2014 - 2015 was the second year when we provided programs for the D, C, B, A, Surf and Tri squads focusing on improving techniques and building swimmers competitive skills. Since April 2014 the overall number of swimmers have not increased significantly, but overall performance and swimmers abilities improved.

We are still targeting to achieve 200 members this year. At this stage we already reached a significant number of swimmers among C and D squads with the limited capacity remaining available. This is a great result, taking into consideration constrained coaching resources late last year and at the start of this year.

Looking back to the 2014 I would like to emphasise the fantastic performances of Andrew Trembath who qualified to the Pan Pacific Junior Championship and Kate Godfrey who qualified to the University Games in Korea.

This year Caitlin Deans, Nick Pryde, Courtland Ellis, Tame Govaerts, Devon Familton, Gabrielle Trotter have been selected and will be attending the National Age Group Programs in October, 2015 (Dunedin) facilitated by Swimming NZ. I have been selected as one of the coaches to facilitate this development program.

## PROFESSIONAL/SWIMMERS DEVELOPMENT

Both Caitlin Deans and I have been selected by SNZ for the “Pathway to Podium” program for 2015 - 2016. This will give me an opportunity to attend a number of seminars and camps to enhance my professional development further.

Swimming New Zealand, working in close partnership with High Performance Sport New Zealand (HPSNZ), has produced a Carding Support system “Pathway to Podium” designed to identify and prioritise emerging and current talent. Resources are then allocated on a top-down, targeted basis focusing on those individuals and teams that have the greatest chance of achieving finals and winning medals at the next Olympic Games.

Simon has received his Bronze Licence qualification/registration and I will continue to work closely with Simon to upskill and grow his professional knowledge. I am glad to report during a short period of time Simon has been able to build a trusting and respectful relationship with his swimmers. Simon proved himself to be a professional and is a valued member of our coaching team.

With the growing number of swimmers we reconsidered our approach and put an extra emphasis on a long term goals and improved performance. In line with the new strategy it became evident we required additional expertise and skills to assist us in building swimmers capability by introducing more dryland and gym programs.

Stephen Fenemor has continue to work on a part-time basis to assist us with this as well as providing nutritional advice to our competitive swimmers. From 2014 Stephen has assisted Simon coach the C squad and conducted dryland training for the B squad. Stephen presented four nutrition seminars with B, C and D squad swimmers and their parents. We are planning to continue this season for nutrition seminars. Stephen also attended camp in January 2015 with the A squad to help me with the dryland programs and was assisting me with the coaching in the pool.

We had two flume sessions for the A and B squad swimmers during the year and the feedback I received from the swimmers was very positive. It is a very useful exercise as the swimmers received a visual tool to enable them to see themselves and their technique. We will continue to utilize flume. Also ones we used a flume with the Tri age group squad (April), this is helping athletes to understand swimming technique in a more depth and to understand the importance of a correct technique as the part of a successful racing.

In February 2015 Adam Fulton arrived as Senior Assistant Coach. Adam Fulton has been coaching the B Squad and Tri/Surf squads covered the A squad in my absence.

A new season have started at the end of May 2015. All squads came back from their annual break and have commenced their training before the Queen’s Birthday meet in Dunedin (110 swimmers from all the squads were taking part in this meet).

## Head Coach's Recommendations updated from 2014:

I would like to recommend that we take a different approach when DSCB swimmers are travelling to the national and South Island Champ competitions. One city - One team (Swim Dunedin). I would like to suggest that all club swimmers, their coaches and parents travel together and stay together in one location as one team. I strongly believe that it will increase sportsmanship and friendship among swimmers and create a high performing culture as well as boosting morale and create a sense of community and belonging. It is a very common practice around the world and proved to be a very successful model when we operated OSCA. I believe that this will be a good approach and all the swimmers will benefit from this.

Dunedin has 6 clubs for a population of 120,000 with one pool available. In comparison Auckland has 10 clubs for 2,000,000 population and has 8 pools available. For the above reasons I proposing to unite all the clubs under one umbrella and to create one competitive club and one development club, to cater for diverse needs of the swimmers, but with the clear and well established pathway to competitive swimming. This structure will enable us to avoid a situation where different clubs (size wise) are competing against each other when we need to foster an environment where swimmers will compete amongst each other/their teammates which in return will enable us to achieve better results in a future. I am happy to discuss my vision and clarify this further if necessary.

During the last year overall the number of swimmers around different Moana pool squads (including learn to swim, was approximately 3,000 swimmers). However, despite this we only have 20 new swimmers joining our Swim Dunedin programs. This is simply due to the fact that each club has only one day a week when they have access to the water and this simply is not enough to sustain kids' and parents' interest in the long run. I am happy to discuss and clarify this idea further, as I strongly believe this presents a significant challenge if we are to continue with the current approach.

I have a very positive feedback about the above idea from the HP Director Luis Villanueva, HP Youth NZ Coach Donna Bouzaid and HP NZ Age Groups Coach Gary Hurring about developing one team for one City.

At this stage Taieri and Kiwi clubs are very happy to collaborate with us and use our coaching expertise and our development plan as well as our training programs. We will start to provide some coaching assistance to the Taieri club from September and Kiwi club will start next term. Swim Dunedin will provide coaching for a few times per week with the clubs covering the cost associated with the above.

I would like also to discuss further a possibility of supporting our swimmers better in a future, for example with the cost of (uniform, gear, travelling, and members' fees). For the last two years there has been no progress in this direction and I don't see any support from clubs and Otago Swimming in supporting our outstanding Dunedin swimmers. I believe this is one of the most important reason why swimmers are leaving our squads. As well as despite the fact that Dunedin have a good pool we do not host more competitions and require to travel extensively, which puts an extra pressure on the families and swimmers. For example during the winter period we only have one completion in Dunedin/Otago (Neptune Meet).

On the other hand, Age Group competitive swimmers around the World usually participate in 30 to 40 competitions per season and Dunedin swimmers take a part in only 12. This is not enough to develop a good competitive swimmers and a team.

It is with the anticipation that I am looking forward to the next competitive year.

Yours sincerely

**Gennadiy Labara, Head Coach DSCB**



# DSCB Annual Report – Kate Godfrey

It has been a very successful year for swimmers training under the coaching supplied by the DSCB. Otago records have continued to fall and swimmers are consistently moving up through the squads. The team spirit between the swimmers, regardless of the club which they swim for, I believe is just getting stronger, creating a great training environment in Dunedin. The level of intensity of the training programs over all the squads, in general, is appropriate for the abilities of the swimmers, with choices of different main sets or times providing more flexibility and customisation of training to fit each swimmer.

One of the highlights of the year was the A squad training camp in January. This was one of the best run and successful training camps I have attended. The combination of coaching staff, managers and swimmers worked really well with a great team atmosphere forming, making the hard work much more enjoyable. Both Gennadiy and Stephen did an excellent job providing enough variation in programming and at the right intensity. Stephen as a separate dryland coach was good, with the swimmers enjoying the variation in coaching and fun activities which he ran. The location of Timaru worked really well. Being able to train in a 50m pool is definitely a high priority and for me one of the most important requirements to be considered. The accommodation being walking distance to the pool was extremely handy. Because of this however, the rental van was perhaps not essential. In the future if managers, coaches and senior swimmers, and perhaps a few parents have the capability to transport swimmers up and back this would be preferable to reduce the cost of hiring a van for the whole time. Other than that, it ran very smoothly and I would definitely recommend more swim camps to be held throughout the year, not just for 'A' squad.

One of the areas which needs some attention however is the travel arrangements to non-local meets. As the DSCB allows swimmers from Dunedin to train together, regardless of club, swimmers become a team and get the right level of training without having to change clubs. This is a great arrangement until teams travel to compete over a period of multiple days away. At the moment the clubs arrange accommodation, management and food separately which results in DSCB swimmers staying separately, and the need for more team managers or parents travelling with swimmers. Also the coaches are not able to stay at the same accommodation with any of the clubs. This increases cost of travel, burden on parents, and reduces the team spirit atmosphere while away. Also the absence of the coach at the accommodation reduces structure and accountability of behaviour, and it becomes the responsibility of senior swimmers to teach the correct routine pre- and post-racing.

Team meetings which are traditionally held after each session to reflect, congratulate and move on from swims which didn't go to plan, are not able to be held at the appropriate time and instead taking place at the start of the next session when swimmers should be focusing on their next swims. This is a big issue which many of the swimmers have complained about and needs to be resolved to promote the best possible conditions for successful competition. Ideal solutions would be either the clubs to meet with the DSCB and arrange a whole team accommodation plan, delegation of the task to one club and the costs split accordingly, or for the DSCB to be responsible for team travel, especially to national meets.

Overall, this year the DSCB has done a good job providing coaching and squad structure to Dunedin swimmers, promoting excellence and teamwork at the pool. It is not yet a perfect situation, with swimmers slightly disjointed with differences between the clubs, but the coaching staff and swimmers are working well together and the results are showing this.

# Kate Godfrey 2015 Profile



At the **2015 National Open Swimming Championships** in April I competed with the aim of qualifying for the University games. My best results included:

- 2<sup>nd</sup> in the 200 IM with a time of 2:18.21 on the first day, this was just off the qualification time of 2:18.00 and just over my PB.
- 4<sup>th</sup> in the 100 Backstroke with 1:03.65. Again this was just over my PB and just off the time of 1:03.09
- 3<sup>rd</sup> in the 200 Backstroke with a PB/Otago record of 2:14.99. This was under the qualification time of 2:16.10, qualifying me into the team for the University Games.

In July I travelled to Gwangju, South Korea to compete at the **2015 Universiade**. This was an awesome experience of both international racing and living in an athlete village. I only qualified for the 200 Backstroke but also entered the 200IM and 100 Backstroke. My results were:

- On the first day I had 200 Backstroke. In the heat swims I went 2:15.74, narrowly over my PB, which qualified me for my first international semifinal. This was my goal going into the meet so to make it was an amazing feeling. In the semifinal I did a PB of 2:14.77 which further increased my ranking and placed me 13<sup>th</sup> overall.
- My next two events were both on the third day of competition. I swam a 2:18.93 in the 200 IM. This was just over my PB and didn't put me through to the semi-final.
- 20min later I had my 100 Backstroke heat. Swimming races back to back is something I have had to deal with quite often as backstroke an IM tend to be put on the same day. I swam a 1sec PB of 1:02.55 and won my heat. Again I didn't quite make the semi-final but I was really happy with this swim, lowering my Otago record significantly.
- I also swam in the NZ team for the women's 4x200 freestyle relay. One of the original members had a race right before so I filled her spot in the heats. I swam a 2:04, on my PB and only just slower than one of the other members, meaning I was dropped out for the finals.

Overall I was very happy with my performance in South Korea. Being able to swim PBs at an international meet is a big challenge due to the unfamiliar surroundings and extra pressure, however I managed to deal with these factors. I came away achieving my goals with PBs and Otago records in both my backstroke events, as well as making a semi-final.

Three weeks after arriving home I had the **NZ Short Course Nationals**. My training build up to this event wasn't great, as University games was the focus I went into nationals with no expectations. I surprised myself with my performances, swimming PBs that I hadn't done in years and overall having a great meet.

- I placed 4<sup>th</sup> in the 200 freestyle with a PB/Otago record of 1:58.84. This was my first time breaking the 2:00 and also the first time I got over 800 FINA points with 818. This was probably my favourite swim of the meet. There was 0.3 between first place and me at 4<sup>th</sup>, and the other three were 200 freestyle specialists so even be that close was an achievement.
- 2<sup>nd</sup> in the 200 IM with a PB of 2:14.19.
- 5<sup>th</sup> in the 100 Backstroke, breaking the Otago record in the heats with 1:00.80 and then again in the final with 1:00.43.
- I swam the 400IM and 200 Backstroke back to back on the fourth day of racing. I got 2<sup>nd</sup> in 400 IM with 4:42.29, and won the 200 Backstroke with a PB/Otago record of 2:08.75. This was my first time under the 2:10 and earned me 810 FINA points.
- On the last day I got 3<sup>rd</sup> in the 50 Backstroke with a PB/Otago record of 28.68. This was a pleasant surprise as I am not normally a sprinter and a great way to finish the meet.

Overall this year I have broken 10 Otago records, and won 1 Gold, 3 Silver, and 3 bronze open NZ medals.



# Squad Numbers

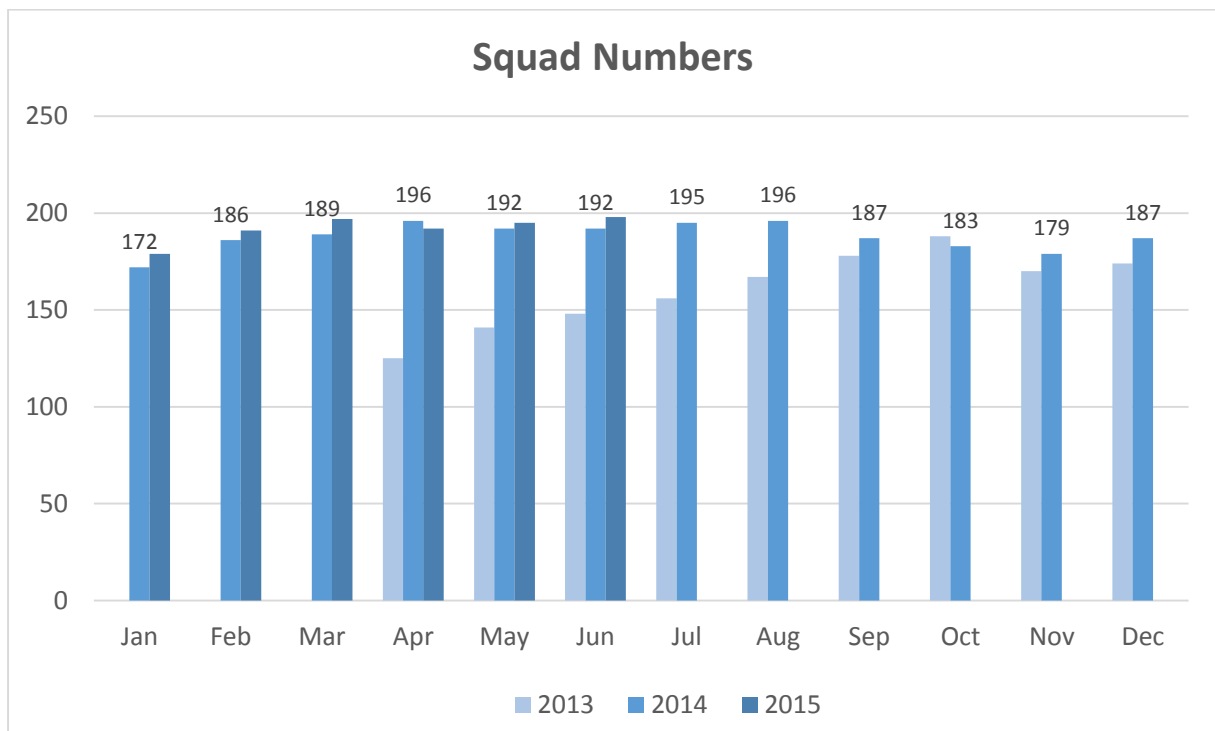
## Annual Comparisons of Monthly Squad Numbers

	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec
<b>2013</b>				125	141	148	156	167	178	188	170	174
<b>2014</b>	172	186	189	196	192	192	195	196	187	183	179	187
<b>2015</b>	179	191	197	192	195	198						

**Table 1:** Numbers at 30 June Squad numbers total 198 (including 14 KAOS swimmers not listed in squads below).

<u>SQUADS</u>	<u>CRITERIA</u>	<u>TOTALS</u>
<b>A SQUAD</b>	700+ FINA points multi event	6
<b>A2 SQUAD</b>	600 FINA Points multi event	8
<b>A3 SQUAD</b>	500 FINA Points multi event	10
<b>B SQUAD</b>	9 – 14 year old National Junior and Age group swimmers. <ul style="list-style-type: none"> <li>• 10 x 100m Freestyle 2:00min ;</li> <li>• 10 x 100m Individual Medley 2:15min</li> <li>• 200m Individual Medley in competition</li> <li>• 300 FINA Points - Multi Event – minimum of two events</li> </ul>	36
<b>C SQUAD</b>	Development Squad Must meet the following requirements <ul style="list-style-type: none"> <li>• Swim 200 meters freestyle, backstroke and breaststroke</li> <li>• Swim 100 meters butterfly</li> <li>• Demonstrate proficiency at a competition race start</li> <li>• Perform correct turns and be able to finish on all four strokes.</li> </ul>	49
<b>D SQUAD</b>	Transition squad between club swimming and DSCB training. Squad swimmers choose to train 1 or 2 sessions per week and expected to attend their club night.  Ability to swim 400-600 metres of freestyle, backstroke and breaststroke. Assessment of swimmer's ability level made prior to joining squad.	41
<b>TRI/SQUAD</b>	Swimmers must be: <ul style="list-style-type: none"> <li>• 15 years and Over</li> <li>• Ability to swim continuously for 45 minutes.</li> <li>• It is recommended you attend 3-4 sessions a week however 5 sessions are available.</li> </ul>	34

# Squad Breakdown



**Graph 1:** The Graph above shows the progressive growth of squad numbers over the past two and a half years, with a seasonal fluctuation over summer as students return home or graduate. The data labels shown are for the 2014 year, with total swimmer numbers stable between 172 and 195.



### Squad Break Down - April 2013 – June 2014

2013/14	A1	A2	A3	B	C	D	KAOS	TRI/SURF	HIGH SCHOOLS	<u>Total</u>
<b>April 2013</b>	11	14	9	25	47	5		14		<b>125</b>
<b>May</b>	11	15	15	25	51	11		13		<b>141</b>
<b>June</b>	11	15	17	27	50	11		17		<b>148</b>
<b>July</b>	11	16	16	24	49	9	10	21		<b>156</b>
<b>August</b>	11	16	16	24	50	17	13	20		<b>167</b>
<b>Sept</b>	10	16	16	25	47	18	12	26	8	<b>178</b>
<b>Oct</b>	10	16	17	24	48	25	11	29	8	<b>188</b>
<b>Nov</b>	8	17	16	24	42	22	9	26	6	<b>170</b>
<b>Dec</b>	8	18	17	25	43	21	12	26	4	<b>174</b>
<b>Jan 2014</b>	8	14	17	25	46	23	12	27	0	<b>172</b>
<b>Feb</b>	8	14	19	22	49	25	12	32	5	<b>186</b>
<b>Mar</b>	8	13	19	22	51	25	11	34	6	<b>189</b>
<b>April</b>	8	12	19	20	53	28	13	37	6	<b>196</b>
<b>May</b>	6	12	21	20	53	29	12	33	6	<b>192</b>
<b>June</b>	7	10	20	21	57	26	12	35	4	<b>192</b>

### Squad Break Down - April 2014 – June 2015

2014/15	A1	A2	A3	B	C	D	KAOS	TRI/SURF	HIGH SCHOOLS	<u>Total</u>
<b>April</b>	8	12	19	20	53	28	13	37	6	<b>196</b>
<b>May</b>	6	12	21	20	53	29	12	33	6	<b>192</b>
<b>June</b>	7	10	20	21	57	26	12	35	4	<b>192</b>
<b>July</b>	7	13	17	22	56	25	14	37	4	<b>195</b>
<b>August</b>	7	12	14	22	61	23	14	37	6	<b>196</b>
<b>Sept</b>	7	12	12	23	58	21	14	37	3	<b>187</b>
<b>Oct</b>	7	12	10	24	59	23	14	33	1	<b>183</b>
<b>Nov</b>	7	10	10	24	60	23	14	30	1	<b>179</b>
<b>Dec</b>	7	11	11	24	59	23	14	38		<b>187</b>
<b>Jan</b>	6	10	14	24	55	22	14	34		<b>179</b>
<b>Feb</b>	6	10	17	24	57	29	14	34		<b>191</b>
<b>Mar</b>	6	8	19	29	54	31	14	36		<b>197</b>
<b>Apr</b>	6	8	20	27	51	40	14	34		<b>192</b>
<b>May</b>	6	8	18	26	46	43	14	34		<b>195</b>
<b>June</b>	6	8	10	36	49	41	14	34		<b>198</b>



# Swimmer's Achievements

## National Meets

### Event: New Zealand Short Course, 2014

#### 19 Swimmers

Jeremy Tasker, Cameron James, Kate Godfrey, Kieran Apple Garth, Matthew Glassford, Andrew Trembath, Aleisha Ruske, Bailey Brandham, Esther Fogarty, Han Zhang, Caitlin Deans, Cecelia Crooks, Sam Wardhaugh, Michael Gray, Courtland Ellis, Olivia Gold, Tanisha Keach, Saskia Turner and Kou Kitahara.

#### Results:

*A total of 47 medals were won, 12 Gold, 10 Silver & 10 Bronze.*

Courtland Ellis	(6 Gold, 1 Silver and 2 Bronze)
Caitlin Deans	(3 Gold)
Aliesha Ruske	(2 Gold, 1 Silver, 1 Bronze)
Andrew Trembath	(1 Gold, a Bronze)
Han Zhang	(4 Silver, 1 Bronze)
Kate Godfrey	(3 Silver)
Matthew Glassford	(Silver)
Cameron James	(3 Bronze)
Cecilia Crooks	(Silver & Bronze)

### Event: National Open - March 2015

#### 9 Swimmers

Kate Godfrey, Matthew Glassford, Caitlin Deans, Kieran Applegarth, Cameron James, Jeremy Tasker, Han Zhang, Aleisha Ruske and Stefannie Gillespie

#### Results:

*(36%) personal best times from 58 events, fifteen reached A Finals (including 3 fourths) and 8 reaching B Finals.*

<b>Kate Godfrey</b>	Broke the Otago Women's Open Record in the 200m backstroke Qualified to compete at the World University Games Silver in the 200 IM Bronze in the 200m backstroke and 4 <sup>th</sup> in the 100m backstroke
<b>Cameron James</b>	Bronze in 50 Backstroke.
<b>Otago Relay Teams</b>	Female: 4 x 100 IM Bronze 4 x 100 Free Bronze. Male: 4 x 100 IM Silver 4 x 100 Free Silver.

# National Age Groups, April 2015

## 18 Swimmers

Ben Carr, Cecilia Crooks, Caitlin Deans, Jack Divers, Courtland Ellis, Devon Familton, Matthew Gillespie, Tame Govaerts, Tanish Keach, Geoffrey Kemp, Kou Kitahara, Nick Pryde, Aleisha Ruske, Gabrielle Trotter, Saskia Turner, Danielle Walsh, Samuel Wardhaugh and Han Zhang.

### Results:

*Three Otago records were broken, eighty three personal best times were achieved from 151 swims (55%) and fifty-five finals were swum with fourteen podium finishes (Four Gold, five Silver and five bronze).*

**Tame Govaerts** 15 Years // Broke x2 records, the 15 year boys 50m and 200m Breaststroke records  
Gold 50m & 200m Breaststroke  
Silver 100m Breaststroke



**Devon Familton** 15 Years // Broke the 15 year girls 50m Backstroke Record  
Bronze 100m Backstroke

**Caitlin Deans** 15 Years // Gold 800m Freestyle  
Silver 200m & 400m Freestyle  
Bronze 400IM

**Courtland Ellis** 15 years // Gold 200IM  
Silver 200m Freestyle  
Silver 100m Freestyle  
Bronze 50m Breaststroke

**Gabrielle Trotter** 14 Years // Bronze 800m Freestyle

**Nick Pryde** 16 Years // Bronze 1,500m Freestyle

<b>Otago Relays</b>	Boys under 15 // Silver	4 x 100m Freestyle Relay
	Boys under 15 // Silver	4 x 100m Medley Relay
	Girls under 15 // Silver	4 x 200m Freestyle Relay
	Boys under 15 // Bronze	4 x 200m Free Relay

## National Division II Meet, February 2015

### 9 Swimmers

Teigan Tarapi, Ben Carr, Dani Walsh, Tyler Summers, Kou Kitahara, Alice Moran, Vicki Clarke, Cameron Moran, Madeline McCane

#### Results:

*13 Gold, 9 Silver and 8 Bronze, with 75% personal best times.*

**Teigan Tarapi** (2 Gold, 2 Silver and 2 Bronze)

**Ben Carr** (4 Gold & 2 Silver)

**Dani Walsh** (2 Gold & two Silver)

**Tyler Summers** (2 Gold, 1 Silver and 2 Bronze)

**Kou Kitahara** (2 Gold, 1 Silver and 3 Bronze)

**Alice Moran** (1 Silver)

**Vicki Clarke** (1 Bronze)

## National Junior Championships, Wellington, February 2015

### 7 Swimmers

Jordan Summers, Mackenzie Baines, Erika Fairweather, Zoe McCain, Jessica Scott, Madison Wells, and Elliot Alloo.

#### Results:

*90% achieved PB's.*

**Maddie Wills** Silver 10U 200 Breaststroke

## SLSNZ Junior National Championships (Ocean 15)

### 2 Podium Finishes

#### Results:

**Olivia Andrew and Erika Fairweather** Gold in under 12 Tube Rescue

**Erika Fairweather** Gold U11 Surf Race  
Silver U11 Run, Swim, Run,  
Bronze U11 Diamond Race

## SLSNZ Senior National Championships

### 1 Podium Finish

**Nathan Wolf** Bronze U16 Ski Race

## South Island Swimming Championships, September 2014

### 24 Swimmers

Bailey Brandham, Kate Godfrey, Olivia Gold, Jeremy Tasker, Ronald Poon, Han Zhang, Caitlin Deans, Courtland Ellis, Alice Moran, Greagh Williams, Michael Trembath, Nick Pryde, Cecilia Crooks, Vicki Clarke, Teigan Tarapi, Tame Govaerts, Erin Ford, Jack Divers, Gabrielle Trotter, Stef Gillespie, Ben Carr, Mariette Devereux, Cameron Moran, Michael Gray.

#### **Results:**

*20 Gold, 20 Silver, 19 Bronze and five meet records were broken. Two each by Kate Godfrey (17 & Over 100m & 200m Backstroke) and Caitlin Deans (13-14 years 400m & 800m freestyle), plus one by Han Zhang (15-16 years 200m breaststroke).*

<b>Kate Godfrey</b>	(7 Gold, a Silver and 1 Bronze)
<b>Jeremy Tasker</b>	(4 Gold, 3 Silver, Bronze)
<b>Caitlin Deans</b>	(3 Gold, 3 Silver, 2 Bronze)
<b>Tame Govaerts</b>	(2 Gold, 2 Silver 1 Bronze)
<b>Han Zhang</b>	(2 Gold, 1 Silver, 2 Bronze),
<b>Cecilia Crooks</b>	(1 Gold, 3 Silver, 3 Bronze)
<b>Olivia Gold</b>	(1 Gold, 1 Silver)
<b>Courtland Ellis</b>	(2 Silver, 4 Bronze)
<b>Michael Gray</b>	(2 Silver)
<b>Teigan Tarapi</b>	(1 Silver)
<b>Jack Divers</b>	(1 Silver)
<b>Stef Gillespie</b>	(2 Bronze)
<b>Gabrielle Trotter</b>	(1 Bronze)
<b>Vicki Clarke</b>	(1 Bronze)

## Southern Island Mako Team, NZ Zonal Champs, 8 Feb 2015

### 11 Swimmers

#### **16 & Overs:**

Aleisha Ruske, Kate Godfrey, Cameron James, Andrew Trembath and Jeremy Tasker

#### **15 & under:**

Cecilia Crooks, Caitlin Deans, Nicholas Pryde, Tame Govaerts, Courtland Ellis, and Samuel Wardhaugh

*The pulsating high energy of team members created wonderful "Team Spirit" and all swam credibly to place second to the North Harlequins.*

## Otago Regional Champs, Moana Pool Dunedin

### 12 & Under (37 Swimmers) / 13 & Over (47 Swimmers)

#### **Results:**

12 & under 67% PB rate.

13 & over 60 Gold Medals, 51 Silver and 28 Bronze. 58% P/B rate.



Professional Swim Coaching Development Squads and Water Space Management

# Provincial Meets

## NOVEMBER

### **Orca Meet, Invercargill** **22 Swimmers**

44 first places, 24 second places and 19 third places not to mention the many 4<sup>th</sup> and 5 placings. 102 personal best times were recorded.

### **Otago Spring Carnival, Cromwell** **10 Swimmers**

Fifty ribbons - twenty 1st, eighteen 2nd and twelve third placings.

### **Murihiku Meet** **22 swimmers**

Ninety six events were swum with 31 personal best times recorded (32%) and 55 swims in the top three placings (nineteen 1sts, twenty-three 2nds, and thirteen 3rds).

### **Kiwi Challenge Meet** **82 Swimmers**

57% of swims produced personal best times. (311 PBs from 544 swims).

## DECEMBER

### **Southland Champs** **18 Swimmers**

52% P/B rate. There were some good swims with 23 1<sup>st</sup> placings, nineteen 2<sup>nd</sup> placings, and fifteen 3<sup>rd</sup> placings.

### **Auckland Invitational Age Group Champs** **9 Swimmers**

10 Gold, 9 Silver and 3 Bronze Medals.

## FEBRUARY

### **The Taieri Carnival** **50 swimmers**

52% PBs.

### **Otago Anniversary Meet,** **20 Swimmers**

Gold 39, Silver 22, Bronze 28, and a 65% personal best (P.B)

A number of swimmers also attended Canterbury Junior Championships, Southland Age Group Champs, Alexandra Challenge Cup.

# Financial Statements of the Dunedin Swim Coaching Board Incorporated 2015

For the year ended 30 June 2015

## Statement of Income & Expenditure

	2015	2014
<b>Trading Income</b>		
Coaching Fees	<u>160,240.94</u>	<u>165,875.14</u>
Grants Received	<u>40,000.00</u>	<u>45,000.00</u>
<b>Total Trading Income</b>	<b>200,240.94</b>	<b>210,875.14</b>
<b>Cost of Sales</b>		
Purchases		
Coaching (Subcontractors)	<u>2,263.24</u>	<u>2,565.65</u>
Purchases	-	<u>168.61</u>
<b>Total Purchases</b>	<b>2,263.24</b>	<b>2,734.26</b>
<b>Total Cost of Sales</b>	<b>2,263.24</b>	<b>2,734.26</b>
<b>Gross Profit</b>	<b>197,977.70</b>	<b>208,140.88</b>
<b>Expenses</b>		
Rent & Lane Charges	<u>40,094.89</u>	<u>20,883.60</u>
Wages & Salaries	<u>197,976.98</u>	<u>152,440.51</u>
Overhead Expenses	<u>14,500.58</u>	<u>9,401.49</u>
<b>Total Expenses</b>	<b>252,572.45</b>	<b>182,725.60</b>
<b>Sub Total</b>	<b>(54,594.75)</b>	<b>25,415.28</b>
<b>Depreciation</b>		
Depreciation	<u>1,634.65</u>	<u>1,969.10</u>
<b>Total Depreciation</b>	<b>1,634.65</b>	<b>1,969.10</b>
<b>Net Surplus (Deficit)</b>	<b>(56,229.40)</b>	<b>23,446.18</b>

## Balance Sheet

	30 Jun 2015	30 Jun 2014
<b>Assets</b>		
<b>Current Assets</b>		
Cash and Bank		
Bank Cheque Account	<u>7,753.01</u>	<u>48,944.04</u>
Petty Cash	<u>200.00</u>	<u>200.00</u>
<b>Total Cash and Bank</b>	<b>7,953.01</b>	<b>49,144.04</b>



Trade and Other Receivables		<u>4,102.01</u>	<u>10,472.70</u>
Total Current Assets		12,055.02	59,616.74
Non-Current Assets			
Property, Plant and Equipment		<u>304.89</u>	<u>1,939.54</u>
Total Non-Current Assets		304.89	1,939.54
Total Assets		12,359.91	61,556.28
Liabilities			
Current Liabilities			
Trade and Other Payables		<u>8,365.50</u>	-
GST Payable		<u>6,129.70</u>	<u>7,462.17</u>
Total Current Liabilities		14,495.20	7,462.17
Total Liabilities		14,495.20	7,462.17
Net Assets		(2,135.29)	54,094.11
Equity			
Equity			
Retained Earnings		<u>(2,135.29)</u>	<u>54,094.11</u>
Total Equity		(2,135.29)	54,094.11
Total Equity		(2,135.29)	54,094.11

## Prepared by Impact Consulting & Accounting Ltd

### Disclaimer

Dunedin Swim Coaching Board Incorporated are solely responsible for the information contained in these financial statements and have determined that the accounting policies used are appropriate to meet your needs and for the purpose that the financial statements were prepared.

The financial statements were prepared exclusively for your benefit and we do not accept responsibility to any other person for the contents of the financial statements. Our procedures use accounting expertise to undertake the compilation of the financial statements from information you provided. Our procedures do not include verification or validation procedures. No audit or review engagement has been performed and accordingly no assurance is expressed.

We are not Independent of Dunedin Swim Coaching Board Incorporated, as Lindsay Dey our Managing Director is on the Board of Trustees.

# Profit & Loss Forecast 2016

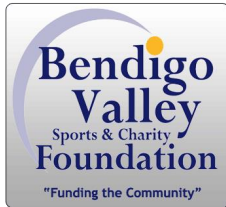
For the year ended 30 June 2016

SALES	Jul-15	Aug-15	Sep-15	Oct-15	Nov-15	Dec-15	Jan-16	Feb-16	Mar-16	Apr-16	May-16	Jun-16	Jul-16
Swim Fees A1	\$ 922	\$ 922	\$ 921	\$ 922	\$ 922	\$ 922	\$ 921	\$ 922	\$ 922	\$ 922	\$ 921	\$ 922	\$ 11,061
Swim Fees A2	\$ 1,426	\$ 1,426	\$ 1,426	\$ 1,426	\$ 1,426	\$ 1,426	\$ 1,427	\$ 1,426	\$ 1,426	\$ 1,426	\$ 1,426	\$ 1,426	\$ 17,113
Swim Fees A3	\$ 1,983	\$ 1,982	\$ 1,983	\$ 1,983	\$ 1,982	\$ 1,983	\$ 1,982	\$ 1,983	\$ 1,983	\$ 1,982	\$ 1,983	\$ 1,983	\$ 23,792
Swim Fees A Tri Squ	\$ 689	\$ 688	\$ 689	\$ 689	\$ 688	\$ 689	\$ 689	\$ 688	\$ 689	\$ 689	\$ 688	\$ 689	\$ 8,264
Swim Fees B	\$ 3,522	\$ 3,521	\$ 3,522	\$ 3,522	\$ 3,522	\$ 3,521	\$ 3,522	\$ 3,522	\$ 3,521	\$ 3,522	\$ 3,522	\$ 3,521	\$ 42,260
Swim Fees C	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600	\$ 3,600	\$ 43,200
Swim Fees D	\$ 1,913	\$ 1,913	\$ 1,914	\$ 1,913	\$ 1,913	\$ 1,913	\$ 1,913	\$ 1,914	\$ 1,913	\$ 1,913	\$ 1,913	\$ 1,913	\$ 22,958
KAOS - 5 sessions m	\$ 335	\$ 334	\$ 335	\$ 335	\$ 335	\$ 334	\$ 335	\$ 335	\$ 335	\$ 334	\$ 335	\$ 335	\$ 4,017
Tri/Surf	\$ 2,700	\$ 2,700	\$ 2,700	\$ 2,700	\$ 2,700	\$ 2,700	\$ 2,700	\$ 2,700	\$ 2,700	\$ 2,700	\$ 2,700	\$ 2,700	\$ 32,400
Grant (DCC)	\$ -	\$ -	\$ -	\$ 40,000	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 40,000
	\$ 17,090	\$ 17,086	\$ 17,090	\$ 17,090	\$ 17,088	\$ 17,088	\$ 17,089	\$ 17,090	\$ 17,089	\$ 17,088	\$ 17,088	\$ 17,089	\$ 245,065
<b>DIRECT COSTS</b>													
Coaches	\$ 14,042	\$ 14,042	\$ 14,041	\$ 14,042	\$ 14,042	\$ 14,041	\$ 14,041	\$ 14,042	\$ 14,042	\$ 14,042	\$ 14,041	\$ 14,042	\$ 168,500
Part-time Coaches	\$ 1,250	\$ 1,250	\$ 1,250	\$ 1,250	\$ 1,250	\$ 1,250	\$ 1,250	\$ 1,250	\$ 1,250	\$ 1,250	\$ 1,250	\$ 1,250	\$ 15,000
Pool Hire	\$ 2,425	\$ 2,425	\$ 2,425	\$ 2,425	\$ 2,425	\$ 2,425	\$ 2,425	\$ 2,425	\$ 2,425	\$ 2,425	\$ 2,425	\$ 2,425	\$ 29,100
	\$ 17,717	\$ 17,717	\$ 17,716	\$ 17,717	\$ 17,717	\$ 17,716	\$ 17,716	\$ 17,717	\$ 17,717	\$ 17,717	\$ 17,716	\$ 17,717	\$ 212,600
<b>GROSS PROFIT</b>	-\$ 627	-\$ 631	-\$ 626	\$ 39,373	-\$ 629	-\$ 628	-\$ 627	-\$ 627	-\$ 628	-\$ 629	-\$ 628	-\$ 628	\$ 32,465
<b>OVERHEADS</b>	\$ 750	\$ 750	\$ 5,250	\$ 750	\$ 750	\$ 750	\$ 750	\$ 750	\$ 750	\$ 750	\$ 750	\$ 750	\$ 13,500
<b>OPERATING PROFIT</b>	-\$ 1,377	-\$ 1,381	-\$ 5,876	\$ 38,623	-\$ 1,379	-\$ 1,378	-\$ 1,377	-\$ 1,377	-\$ 1,378	-\$ 1,379	-\$ 1,378	-\$ 1,378	\$ 18,965
<b>INTEREST EXPENSE</b>													
Overdraft Interest	\$ -	\$ 11	\$ 42	\$ 6	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 59
<b>NET PROFIT</b>	-\$ 1,377	-\$ 1,392	-\$ 5,918	\$ 38,617	-\$ 1,379	-\$ 1,378	-\$ 1,377	-\$ 1,377	-\$ 1,378	-\$ 1,379	-\$ 1,378	-\$ 1,378	\$ 18,906
<b>CUMULATIVE</b>	-\$ 1,377	-\$ 2,769	-\$ 8,687	\$ 29,930	\$ 28,551	\$ 27,173	\$ 25,796	\$ 24,419	\$ 23,041	\$ 21,662	\$ 20,284	\$ 18,906	\$ 18,906

Impact Consulting & Accounting Ltd have prepared the above report of our client from records, information and instructions furnished to us by the client. Neither we nor any of our employees accept any responsibilities for the accuracy of materials from which the above forecast have been prepared. The reports have been prepared at the request of and for the purpose of our client only.

# Special Thanks To

## Supporters of Swimming in Dunedin...



Bendigo Valley Sports & Charity for supporting our swimmers by assisting our families with financial assistance for coaches to attend Swimming Competitions.



Swimming Otago has worked closely with the DSCB in the desire to optimise and enhance the outcomes for swimmers in Dunedin.



The Dunedin City Council for providing valuable funding to assist financially with costs to enable the hiring of quality coaches and running of the Dunedin Swim Coaching Board.

### Moana Pool

The management and staff of the Pool who give sterling service to the Swimming community.



Impact Consulting & Accounting - for development of our website, layout of the Annual Report and provision of assistance and professional advice in the production of our accounts.

## Assistance

We wish to acknowledge the assistance during the year of two visiting students:

### Jessie Zhao

A Chinese exchange research student at the University of Otago, School of Physical Education, Jessie joined us in August to assist with coaching. Jessie's thesis was 'The relationship between FINA regulation and the development of swimming technique'.

### Edvinas Armanavicius

A Business intern at Impact Consulting and Accounting who worked in the area of technology, developing and promoting systems to enhance communications with the squads and provide greater opportunity for dialogue. Worked with Tri/Surf Squads to gain further understanding in the needs and aspirations of athletes.



Professional Swim Coaching Development Squads and Water Space Management